

# THE PHYSICS AND PATHOLOGY OF WOUNDS



---

## CHRONICITY AND THE PHYSICS OF WOUND FAILURE

---

1

The Wound as a System and a Controlled Machine

2

Auto-Immunopathy and the Intrinsic Disease of Wound Healing

---

**Marc E. Gottlieb, MD**

**arimedica.com**

Phoenix, Arizona

2010

# THE PHYSICS AND PATHOLOGY OF WOUNDS



## COMPARE WOUND STRUCTURE AND FUNCTION TO OTHER ORGANS



What are the quintessential structures and functions of these organs ?

What is the quintessence of dysfunction for these organs?

What are the fundamental physics relevant to these organs ?

ORGAN	STRUCTURE & FUNCTION	FAILURE	PHYSICS
HEART	<i>pump, valves, &amp; pipes</i>	<i>CHF = inadequate pump</i>	<i>fluid mechanics</i>
KIDNEY	<i>filter &amp; resorption membrane</i>	<i>occluded filter</i>	<i>hydraulics &amp; ionic chemistry</i>
LUNG	<i>bellows &amp; diffusion membrane</i>	<i>faulty ventilation &amp; respiration</i>	<i>gases &amp; diffusion</i>
EYE	<i>light collector &amp; detector</i>	<i>blindness</i>	<i>optics</i>
EAR	<i>sound transducer &amp; decoder</i>	<i>deafness</i>	<i>acoustics</i>
BONE	<i>structural members &amp; motion</i>	<i>impaired support &amp; mobility</i>	<i>mechanics</i>
NERVES	<i>electrical network &amp; control</i>	<i>open circuit neurologic deficits</i>	<i>electricity</i>
WOUND	<i>cell set &amp; self-organization</i>	<i>logistical disorganization</i>	<i>populations, automata</i>

THE WOUND MODULE IS A SPECIAL AD HOC RESERVE ORGAN.

What are the quintessential structures and functions of the wound ?

What is the quintessential derangement of intrinsic wound pathology and chronicity?

What are the fundamental physics relevant to the wound ?

# THE PHYSICS AND PATHOLOGY OF WOUNDS

## COMPARE WOUND STRUCTURE AND FUNCTION TO OTHER ORGANS

What is the quintessence of these organs, and what is their fundamental physics ?

ORGAN	STRUCTURE & FUNCTION	FAILURE	PHYSICS
HEART	<i>pump, valves, &amp; pipes</i>	<i>CHF = inadequate pump</i>	<i>fluid mechanics</i>
KIDNEY	<i>filter &amp; resorption membrane</i>	<i>occluded filter</i>	<i>hydraulics &amp; ionic chemistry</i>
LUNG	<i>bellows &amp; diffusion membrane</i>	<i>faulty ventilation &amp; respiration</i>	<i>gases &amp; diffusion</i>
EYE	<i>light collector &amp; detector</i>	<i>blindness</i>	<i>optics</i>
EAR	<i>sound transducer &amp; decoder</i>	<i>deafness</i>	<i>acoustics</i>
BONE	<i>structural members &amp; motion</i>	<i>impaired support &amp; mobility</i>	<i>mechanics</i>
NERVES	<i>electrical network &amp; control</i>	<i>open circuit neurologic deficits</i>	<i>electricity</i>
WOUND	<i>cell set &amp; self-re-organization</i>	<i>logistical disorganization</i>	<i>populations, dynamics, automata</i>

## THE WOUND MODULE IS A SPECIAL AD HOC RESERVE ORGAN

What are the quintessential structures and functions of the wound ?

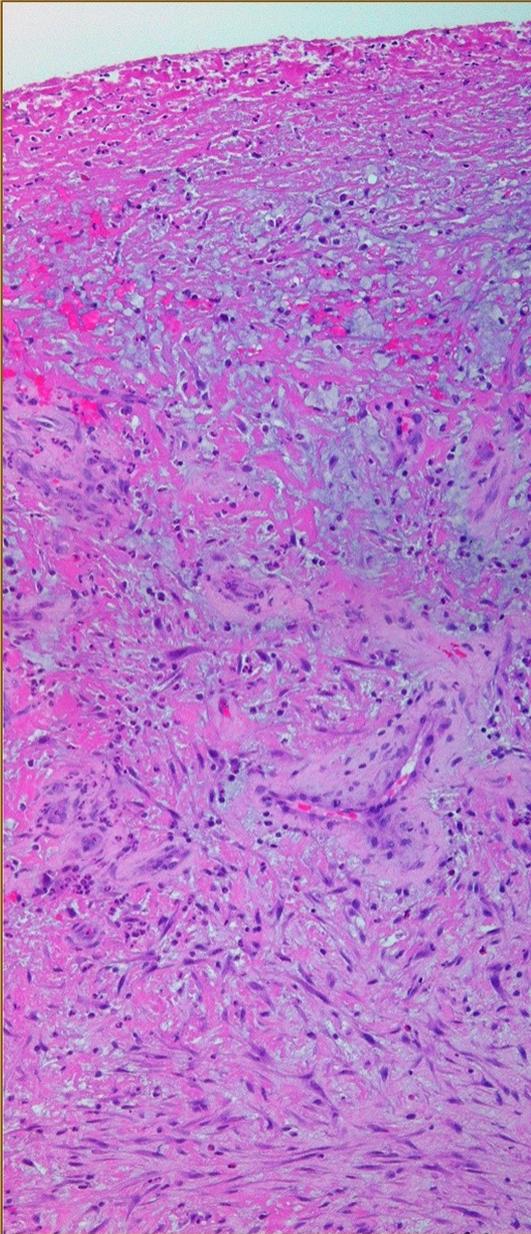
*It is a collection of mutually interactive self-organizing cell populations.*

What is the quintessential derangement of intrinsic wound pathology and chronicity ?

*It is a dynamical disorder of logistical self-re-organization among these populations.*

What are the fundamental physics relevant to the wound ?

*Non-linear dynamics, control, chaos, population logistics, cellular automata.*



# THE WOUND MODULE

## OF PROLIFERATIVE REPAIR

and

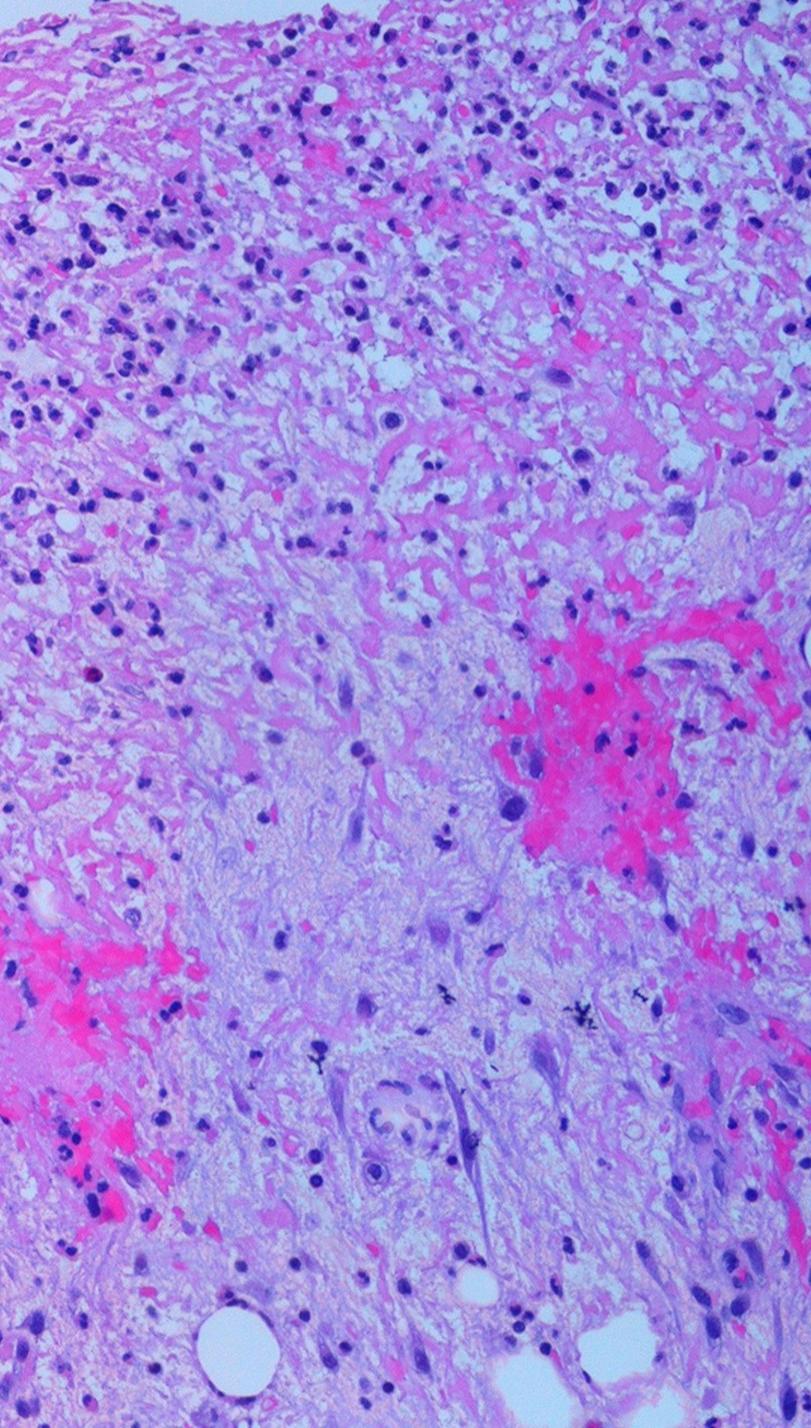


the

### PHYSIOLOGIC EVENTS - CLINICAL SIGNS

- 
- 0  
injury  
inflammation
- 1  
inflammation  
subsides
- 2  
macrophages,  
eschar separation,  
cytokines
- 3  
ground substance,  
mucus
- 4  
"granulation"  
angiogenesis
- 5  
histioblasts, fibroblasts,  
fibroplasia
- 6  
myofibroblasts  
contraction
- 7  
epithelialization
- 8  
maturation





---

# THE WOUND MODULE - NORMAL WOUND HEALING

---

## MAIN EVENTS AND CELLS:

---

### INFLAMMATION

(BLOOD BORNE CELLS)

Platelets

PMN leukocytes

*(Granular leukocytes) (No lymphoid cells)*

### AFFERENT WOUND EVENTS

(TRANSFORMED CELLS)

Macrophages

### MESENCHYMAL REPAIR

(LOCAL CELLS)

2 cells:

Angiocytes & Fibroblasts

### SEQUESTRATION

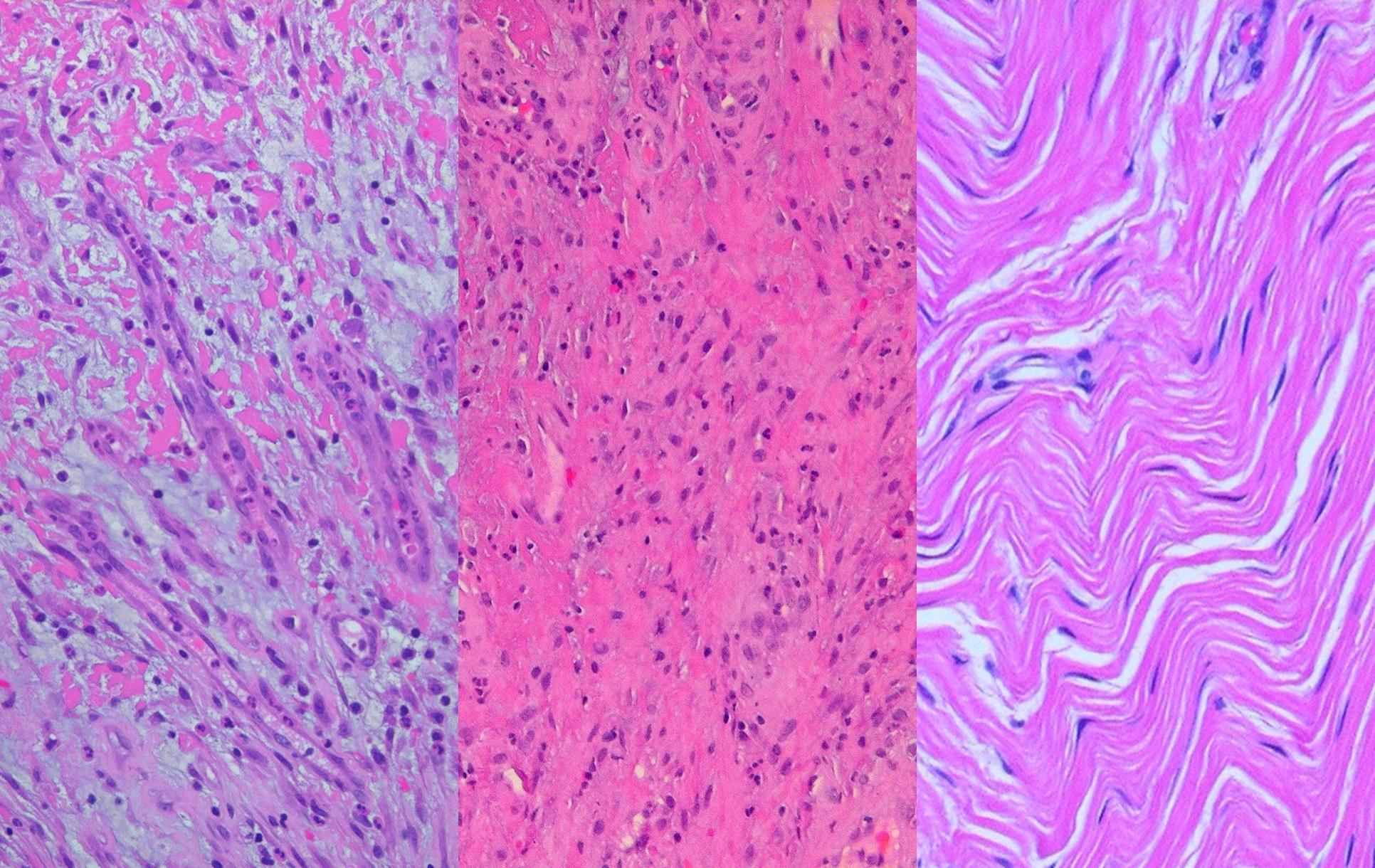
(LOCAL CELLS)

Epithelium

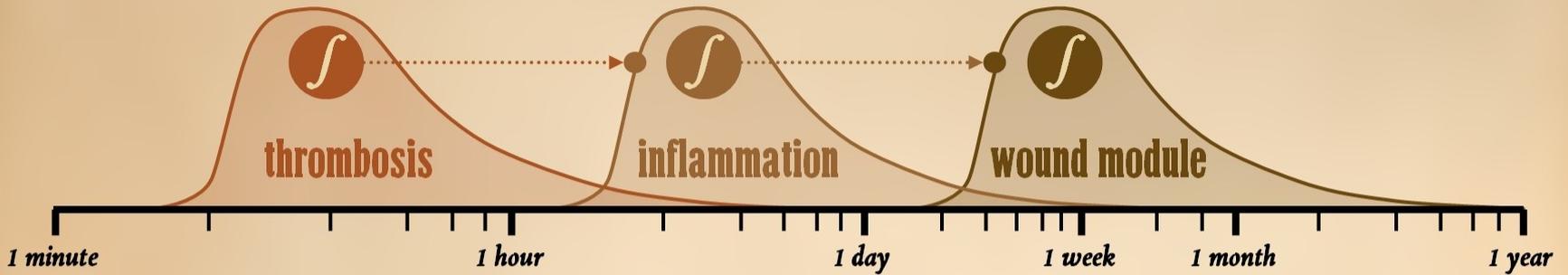
---

## RESTORATION OF STROMA

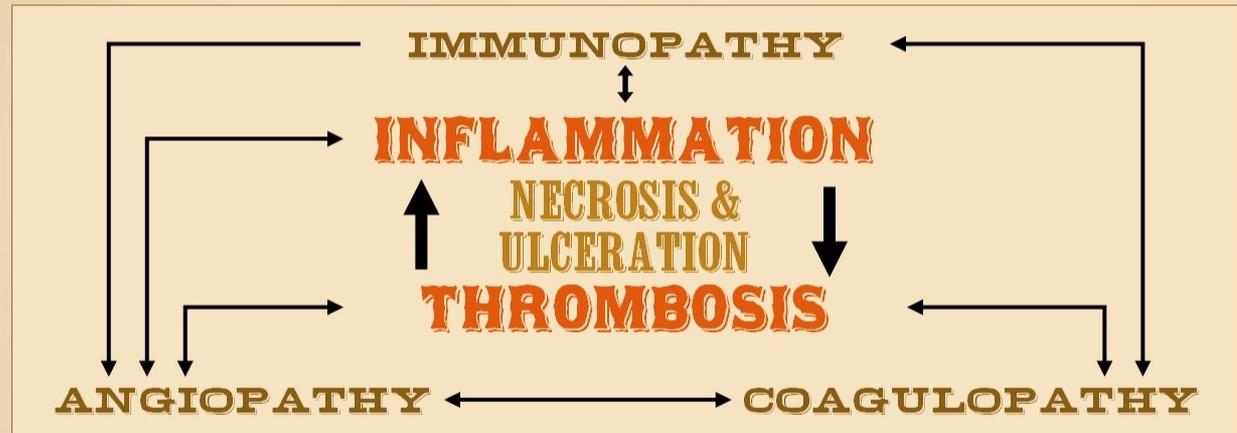
# REPAIR IS BASED ON 2 CELL TYPES - ANGIOCYTES & FIBROBLASTS



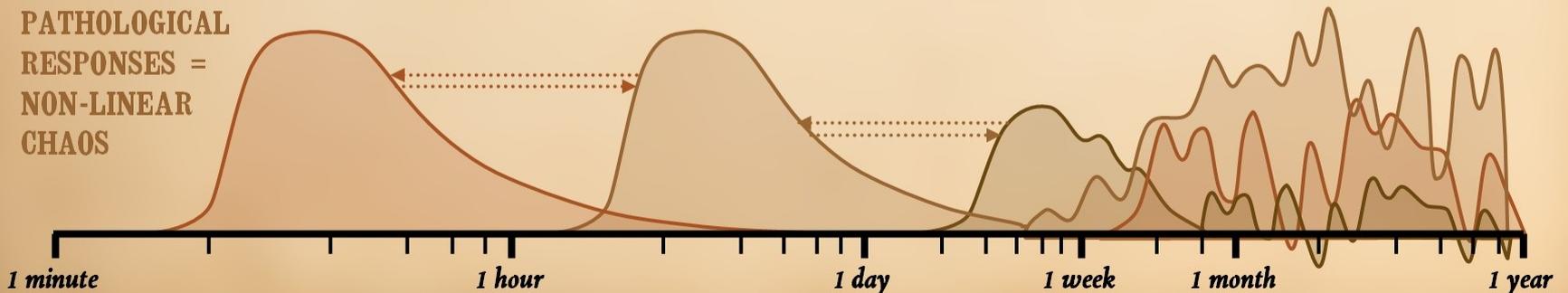
# INTER-CONNECTIONS



**NORMAL HEALTHY  
RESPONSES =  
SEQUENTIAL LINEAR  
ONE-SHOTS**



**CHRONIC  
PATHOLOGICAL  
RESPONSES =  
NON-LINEAR  
CHAOS**



# THE PHYSICS AND PATHOLOGY OF WOUNDS



## THE WOUND MODULE IS A SPECIAL AD HOC RESERVE ORGAN



*It is a collection of mutually interactive self-organizing cell populations.*

The wound is not a pump and pipes like the heart,  
not a diffusion membrane like the lung,  
not a structural member like a bone,  
not a light collector like the eye,  
not like any other already organized organ with a specific task to do.  
It is a collection of mutually interactive self-organizing cell populations.  
It has no other function than to get organized  
(into a generic stroma that is the foundation for other tissues and organs.)

*Wound failure is a dynamical disorder of logistical self-re-organization among these populations.*

When it fails, it is not an inadequate pump like the heart,  
not an inadequate filter like the kidney,  
not an inadequate bellows or diffusion membrane like the lung,  
not like any other organ that has something to do.  
When it fails, it simply fails to get organized into its intended final form,  
to complete its task to become something and then cease.

*Non-linear dynamics, control, population logistics, cellular automata.*

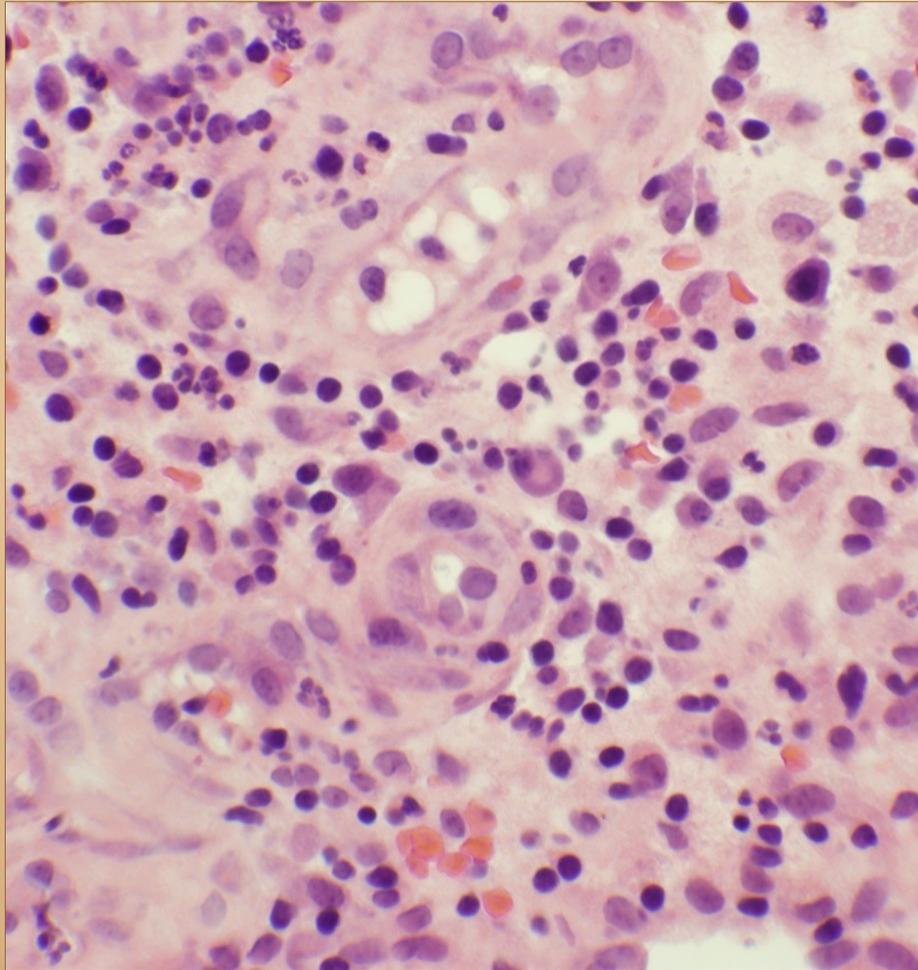
The relevant physics is not fluid dynamics like it is for the heart,  
not optics like it is for the eye,  
not acoustics like it is for the ear.

It is the science of populations and the principles of their interaction, control, and self-organization.  
When it fails, it is, in the terms of its relevant physics, a dynamical disorder of self-organizing populations.

# CHRONICITY & THE PATHOLOGY OF WOUND FAILURE



## THE RELEVANT PHYSICS OF WOUND HEALING, NORMAL & FAILING



### NON-LINEAR DYNAMICS

Control  
Chaos  
Attractors  
N-Body Dynamics

Population Logistics

Cellular Automata  
& Self-Organization

### INTEGRATED WOUND PHYSICS



# CHRONICITY AND THE PATHOLOGY OF WOUND FAILURE

## THE RELEVANT PHYSICS OF IMPAIRED WOUND HEALING

### NON-LINEAR DYNAMICS

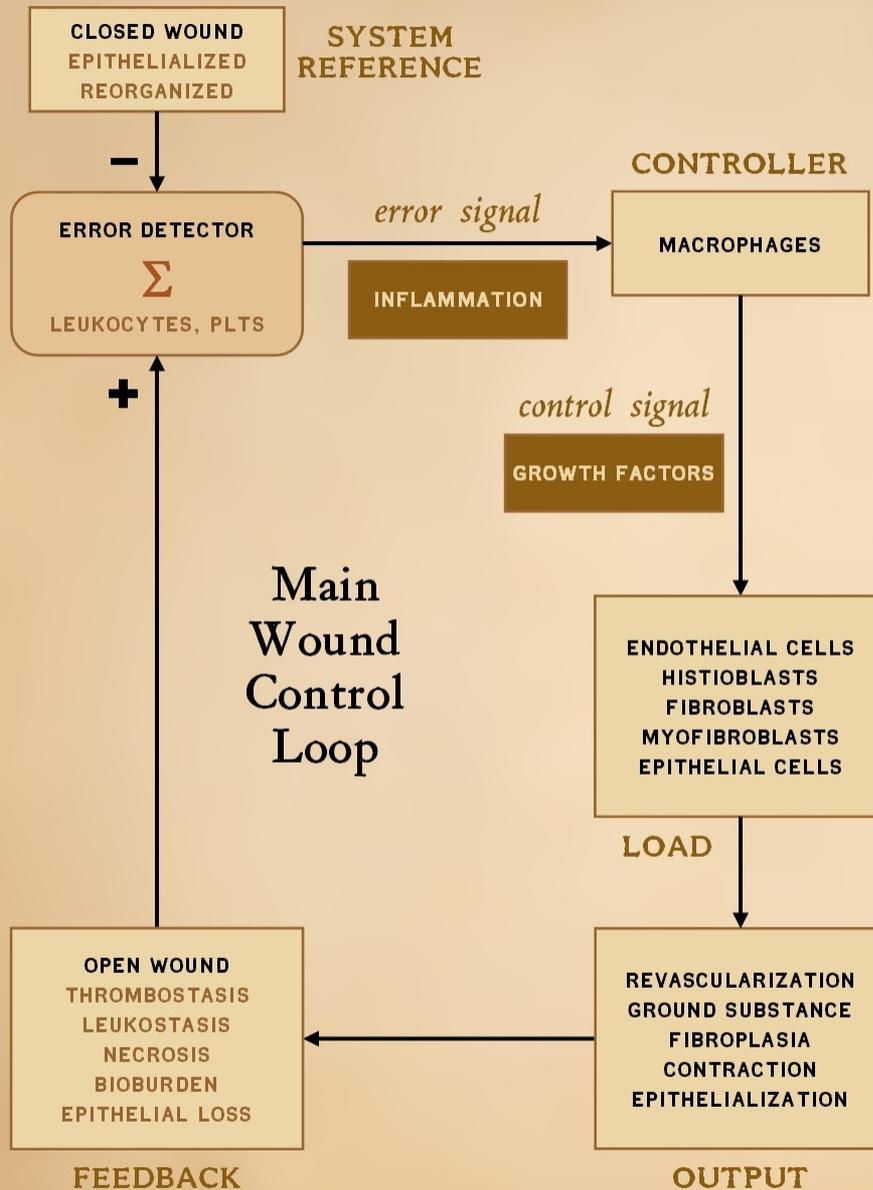
Control

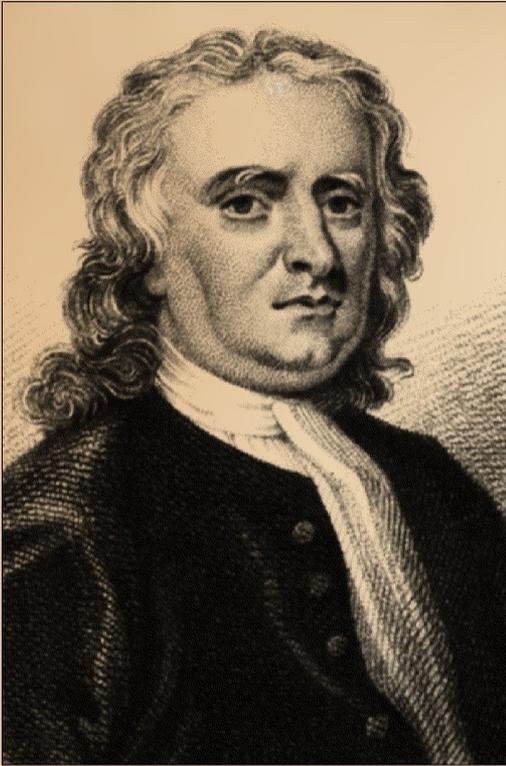
Chaos  
Attractors  
N-Body Dynamics

Population Logistics

Cellular Automata  
& Self-Organization

### INTEGRATED WOUND PHYSICS





*Isaac Newton*  
c 1700



*Henri Poincaré*  
c 1900

**INTRACTABILITY  
AND THE  
3-BODY PROBLEM**

**CHRONICITY AND THE  
PATHOLOGY OF WOUND FAILURE**

**THE RELEVANT PHYSICS OF  
IMPAIRED WOUND HEALING**

**NON-LINEAR DYNAMICS**

Control

Chaos

Attractors

N-Body Dynamics

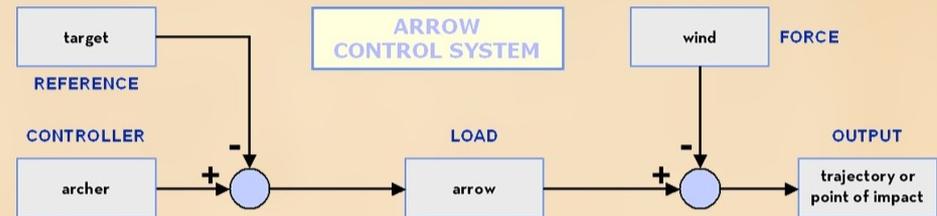
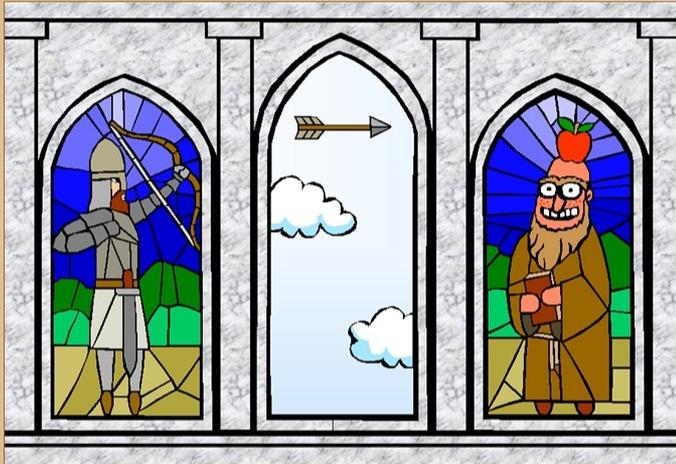
Population Logistics

Cellular Automata  
& Self-Organization

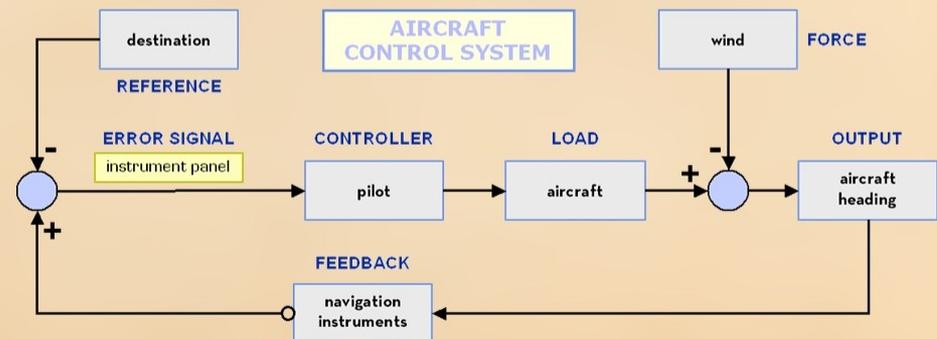
INTEGRATED WOUND PHYSICS

# CONTROL & NON-LINEARITY - THE NEED FOR CONTROL

Control lets a system hold itself to a desired output, state, or attractor. Key to control is feedback, the ability to sense the system state or output, which then drives an error correcting mechanism.



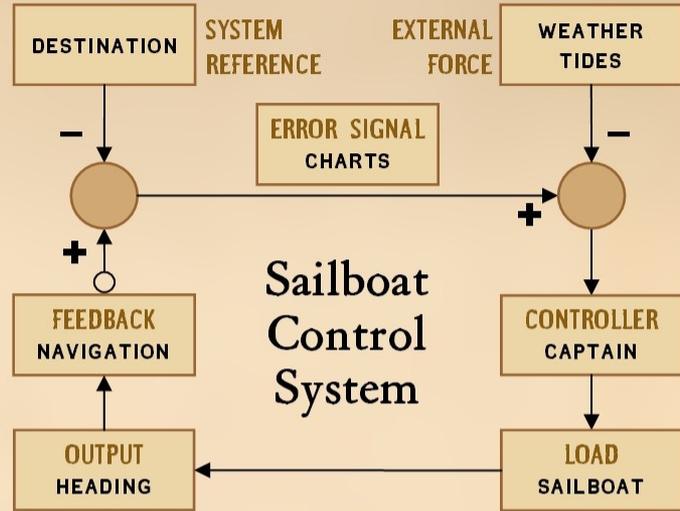
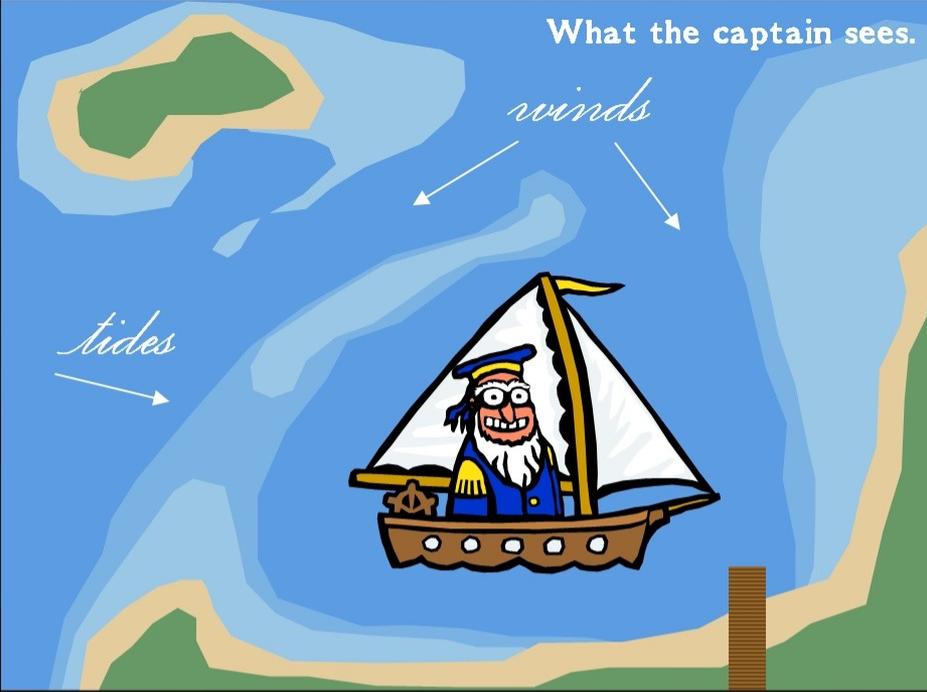
**ARROW:** No feedback - open loop. Course cannot be assessed nor corrected. Must be calibrated (aimed), and if a gust of wind or anything upsets that calibration, the system misses its mark.



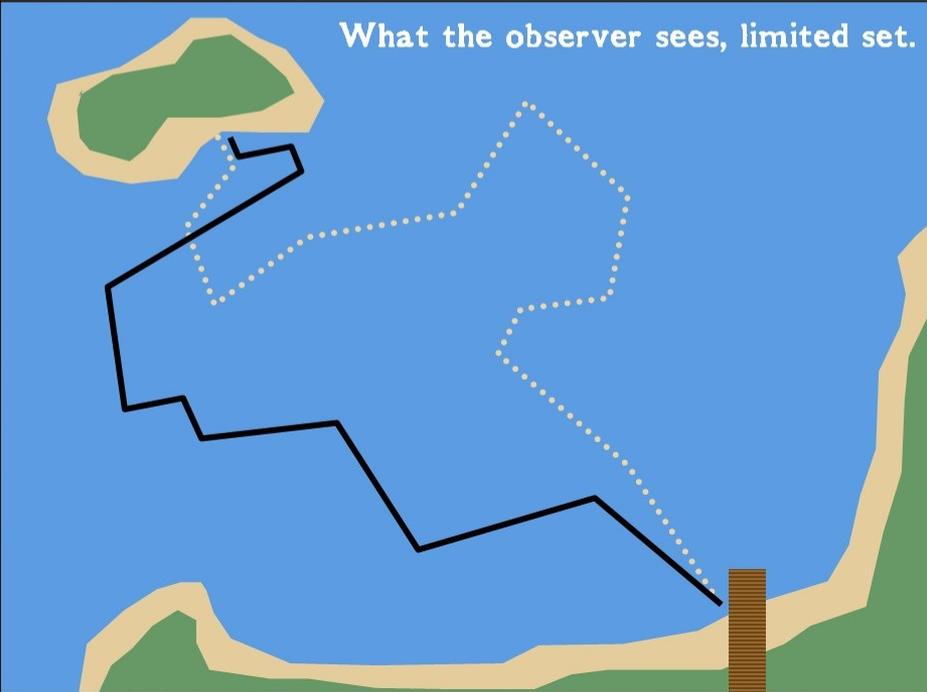
**AIRPLANE:** Steered, not aimed. Pilot and flight controls assess and correct the plane's heading. Feedback and closed loop control assure that system reaches target, even when perturbed.

# A Demonstration of Chaos and Attractors

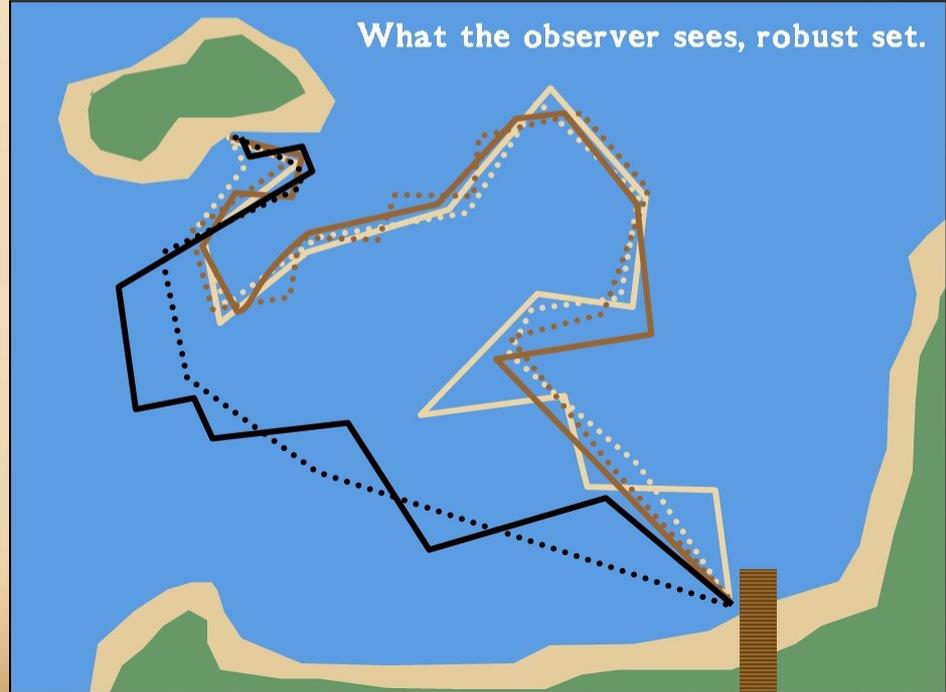
What the captain sees.



What the observer sees, limited set.



What the observer sees, robust set.

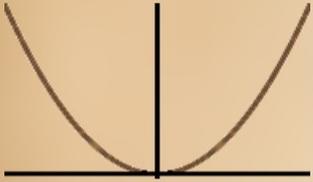


# NON-LINEAR DYNAMICS & ITERATION

## CHAOS - ATTRACTORS - COMPLEXITY

*Iterate  $x^2$ , real*

$$x \leftarrow x^2$$



Iterate  $f(x) = x^2$

START WITH ARBITRARY  $x$ .

SQUARE IT.

THIS IS THE NEXT  $x$ .

SQUARE IT AGAIN,

AND SO ON.

This system has 3 attractors. Each  $x$  will do 1 of 3 things:

for  $|x_0| < 1$ ,  $x \rightarrow 0$

for  $|x_0| = 1$ ,  $x_n = 1$

for  $|x_0| > 1$ ,  $x \rightarrow \infty$

*Iterate  $x^2 + c$ , complex*

$$x \leftarrow x^2 + c$$

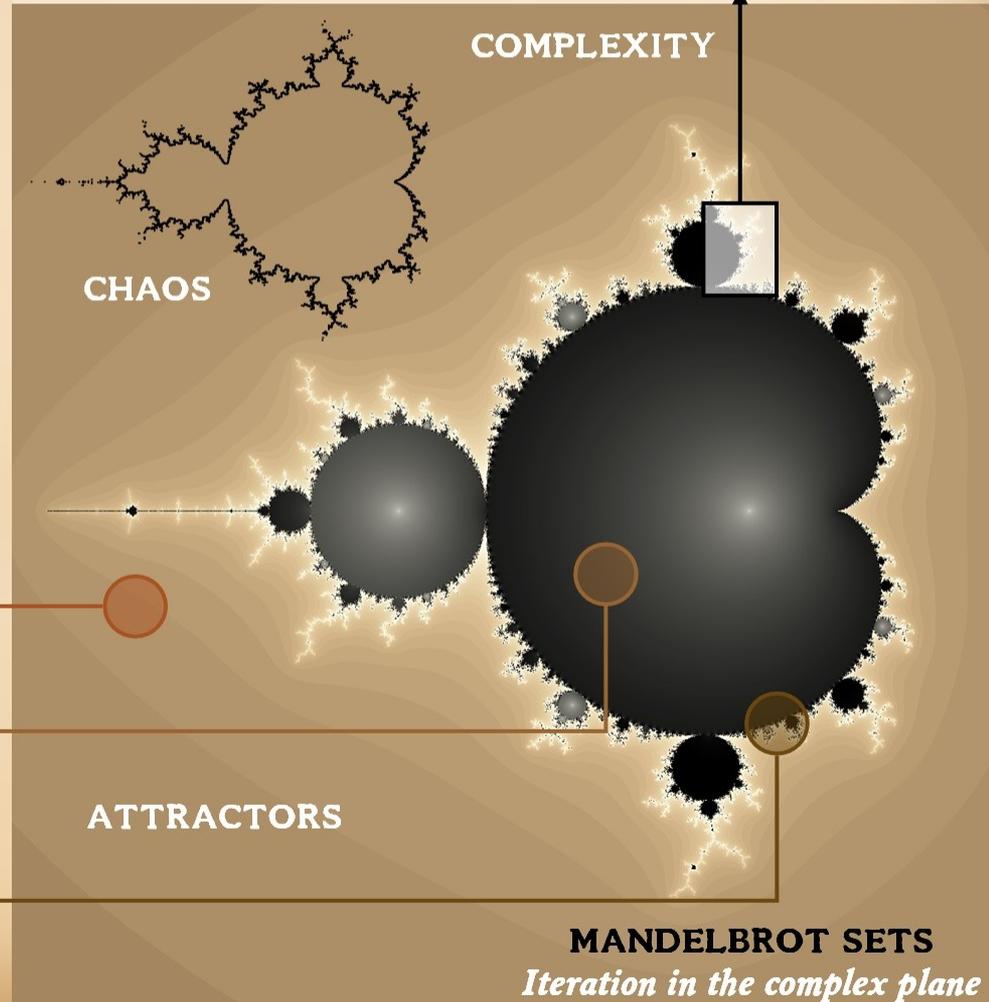
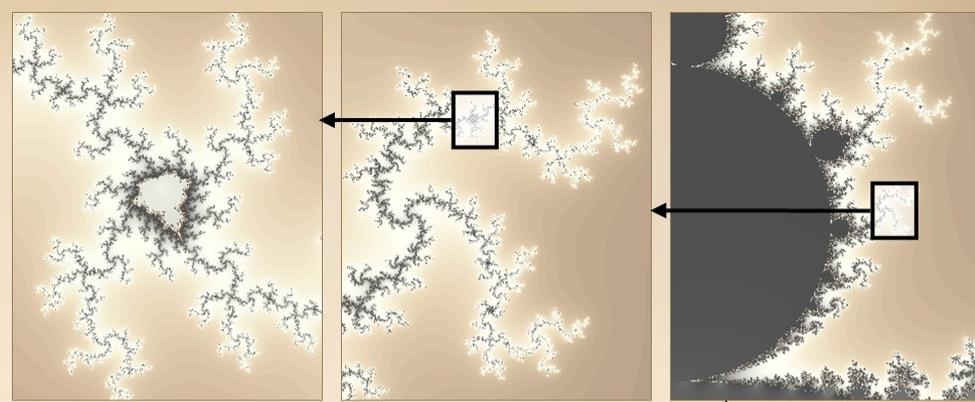
Assign sequential colors to each point / pixel based on the number of iterations to "blow up" or the number of iterations in each orbit.

This system has three attractors. Each point in the complex  $c$ -plane will do one of three things:

It will diverge to infinity.

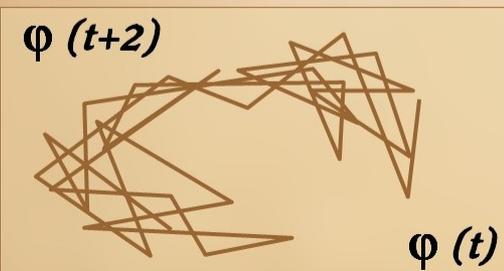
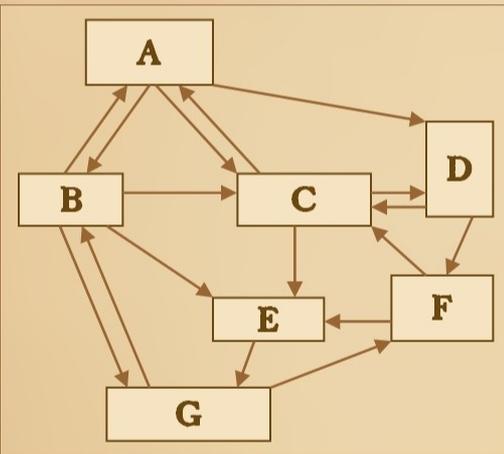
It will converge to a stable orbit of period  $n$ .

It will neither converge nor diverge, locked in an orbit of infinite period.

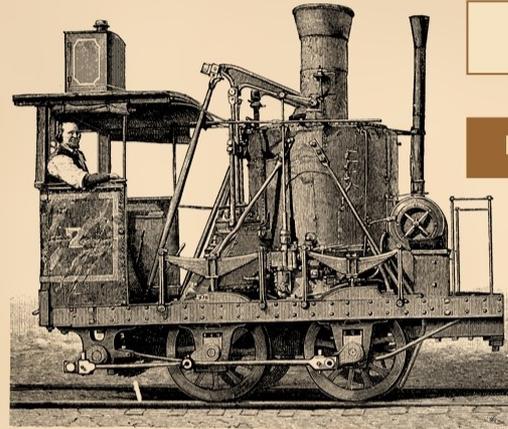


# NON-LINEAR DYNAMICS & ITERATION : N-BODY PROBLEMS & MULTI-CONTROL

## N-body & Non-linearity



Example: flow = rate x volume ( $\phi = r \times v$ )



A linear system

PISTON RATE

STROKE VOLUME

$$d\phi = v \partial r + r \partial v$$

$$\partial \phi = v \partial r$$

$$\partial \phi = r \partial v$$

PUMP OUTPUT

A non-linear system

HEART RATE

STROKE VOLUME

$$d\phi = v \partial r + r \partial v$$

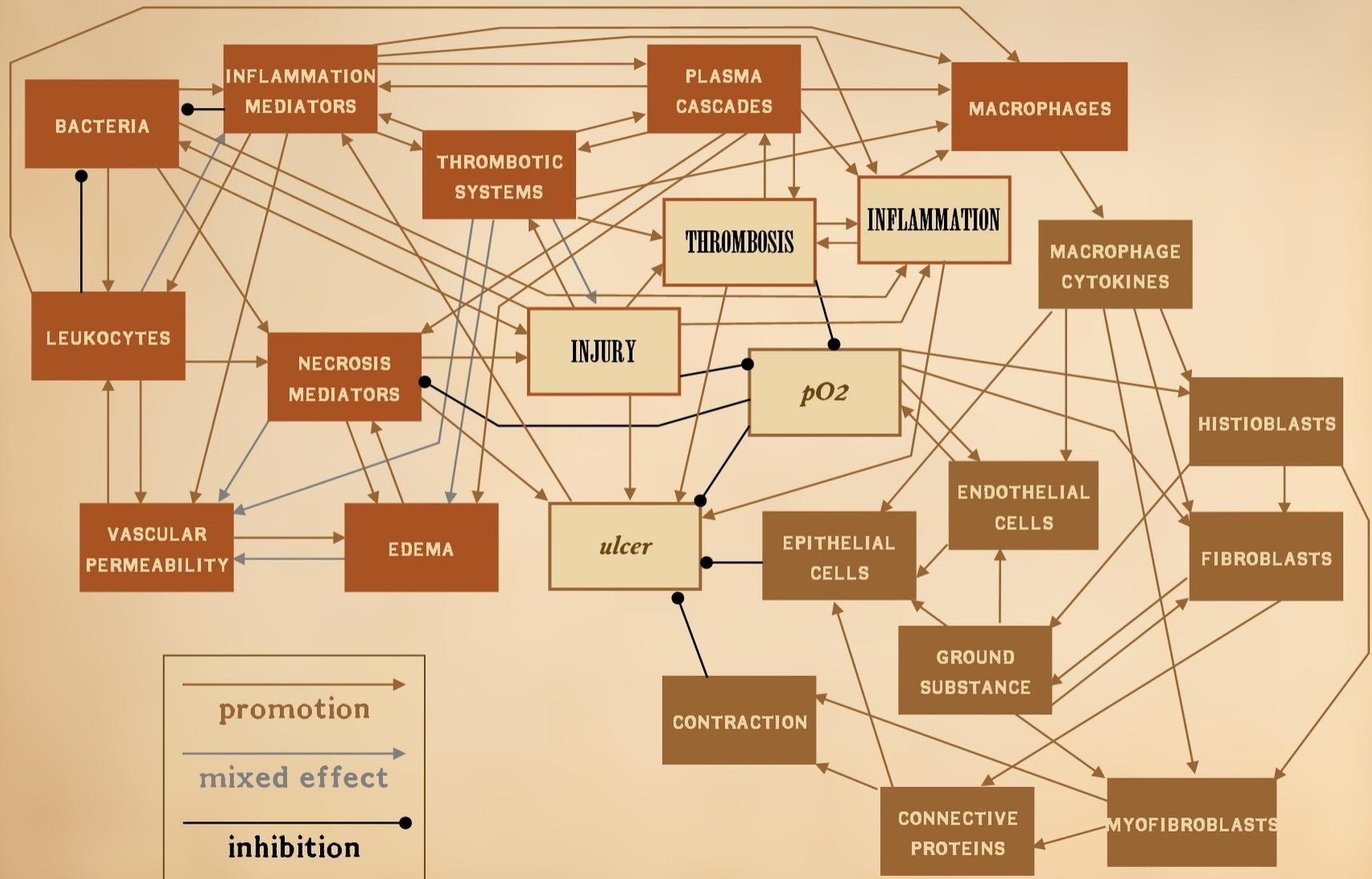
$$v = f(\phi, r)$$

$$r = f(\phi, v)$$

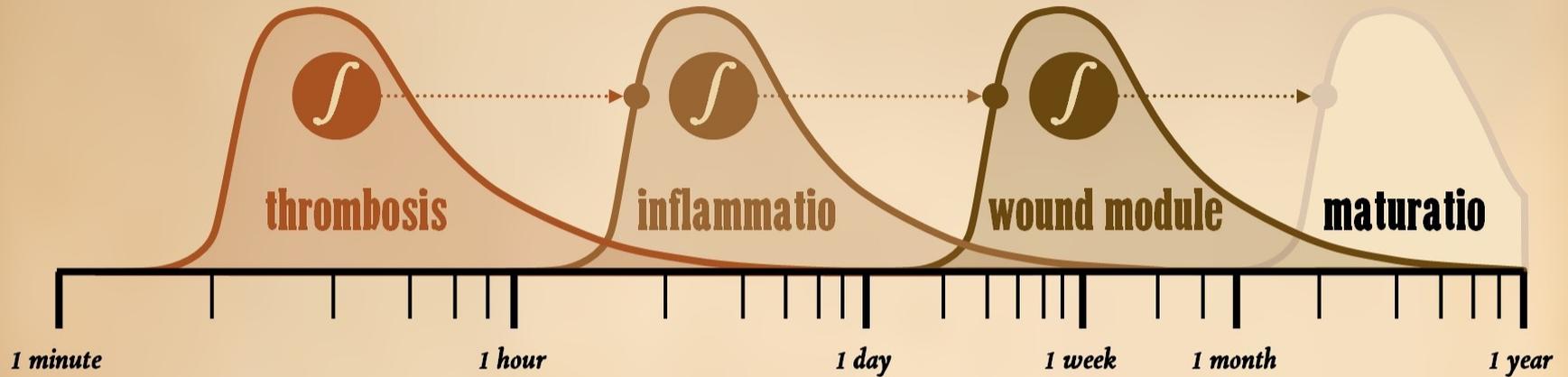
CARDIAC OUTPUT



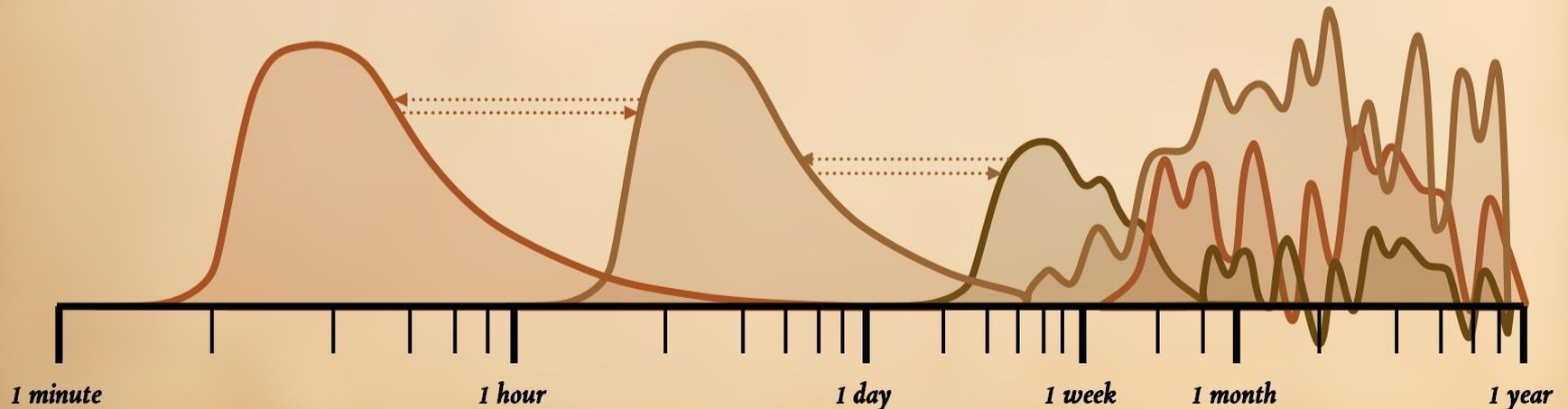
# NON-LINEAR DYNAMICS & ITERATION : N-BODY PROBLEMS & MULTI-CONTROL



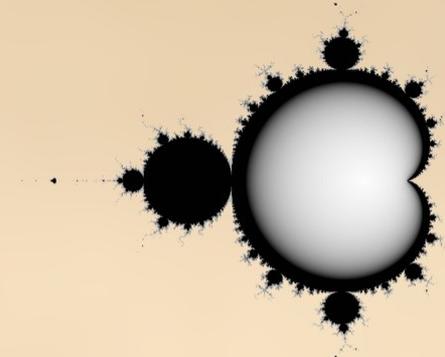
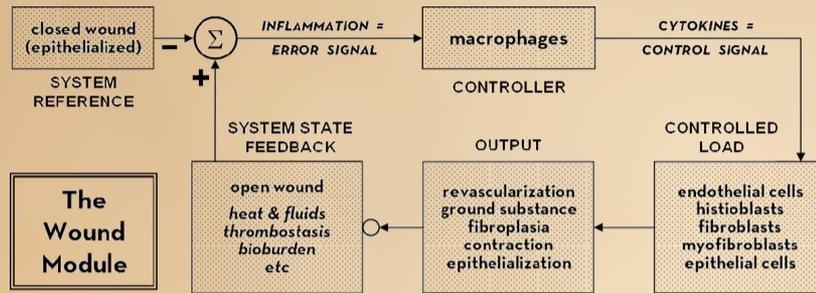
# NORMAL HEALTHY RESPONSES = SEQUENTIAL LINEAR ONE-SHOTS



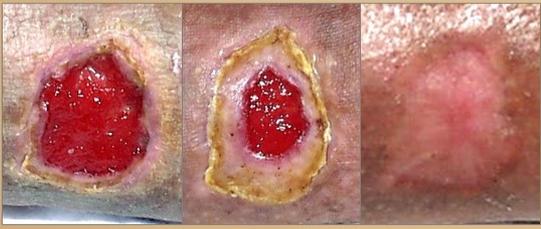
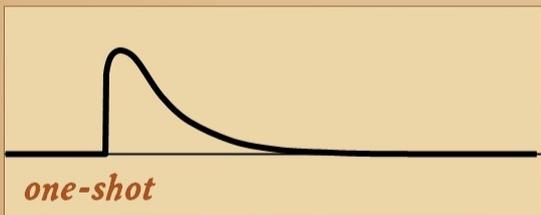
# CHRONIC PATHOLOGICAL RESPONSES = NON-LINEAR CHAOS



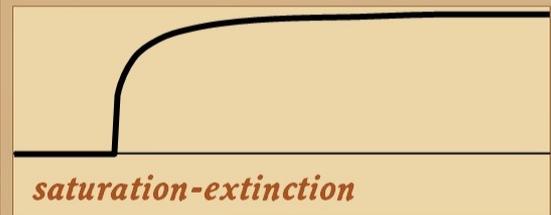
**FEEDBACK & CONTROL = NON-LINEARITY = COMPLEX BEHAVIOR & CHAOS :: MORE SO WITH MULTI-CONTROL**



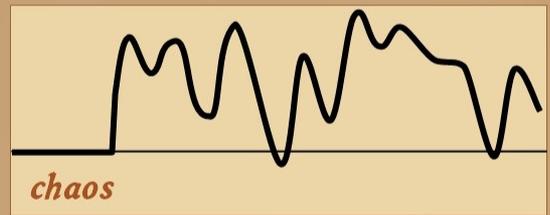
healthy wound - active healing  
 competent repair - wound module  
 getting better - closing  
 convergent



sick wound - active pathology  
 injury, inflammation, necrosis  
 getting worse - ulcerating  
 divergent



impaired wound - orbit dynamics  
 neither pathological nor improving  
 mixed, stagnant - no net change  
 chaotic



# NLD - CHAOS - ATTRACTORS :: CLINICAL IMPLICATIONS

In the problem wound, discriminating active pathology from chaotic behavior is crucial to select proper treatment.

Divergent behavior, i.e. active ulceration, due to active disease & inflammation, must be controlled first before the wound can heal.

When disease, inflammation, & active ulceration are controlled, when the wound exhibits wound module elements but makes no progress, this is chaotic behavior.

healthy wound - active healing  
competent repair - wound module  
getting better - closing  
convergent

STAY THE COURSE  
PREVENT RELAPSE



sick wound - active pathology  
injury, inflammation, necrosis  
getting worse - ulcerating  
divergent

TREAT DISEASE  
ABORT PATHOLOGY



impaired wound - orbit dynamics  
neither pathological nor improving  
mixed, stagnant - no net change  
chaotic

DISCRETIONARY TREATMENT  
TECHNOLOGICAL THERAPIES



# NON-LINEAR DYNAMICS & ITERATION

## THERMODYNAMICS OF CHAOTIC ATTRACTORS

Non-linear & chaotic systems can have stable attractors . . .

The system tends to dwell or return there.

These basins of attraction are low energy wells.

For some, thermodynamics principles apply:

enthalpy  
entropy  
free energy

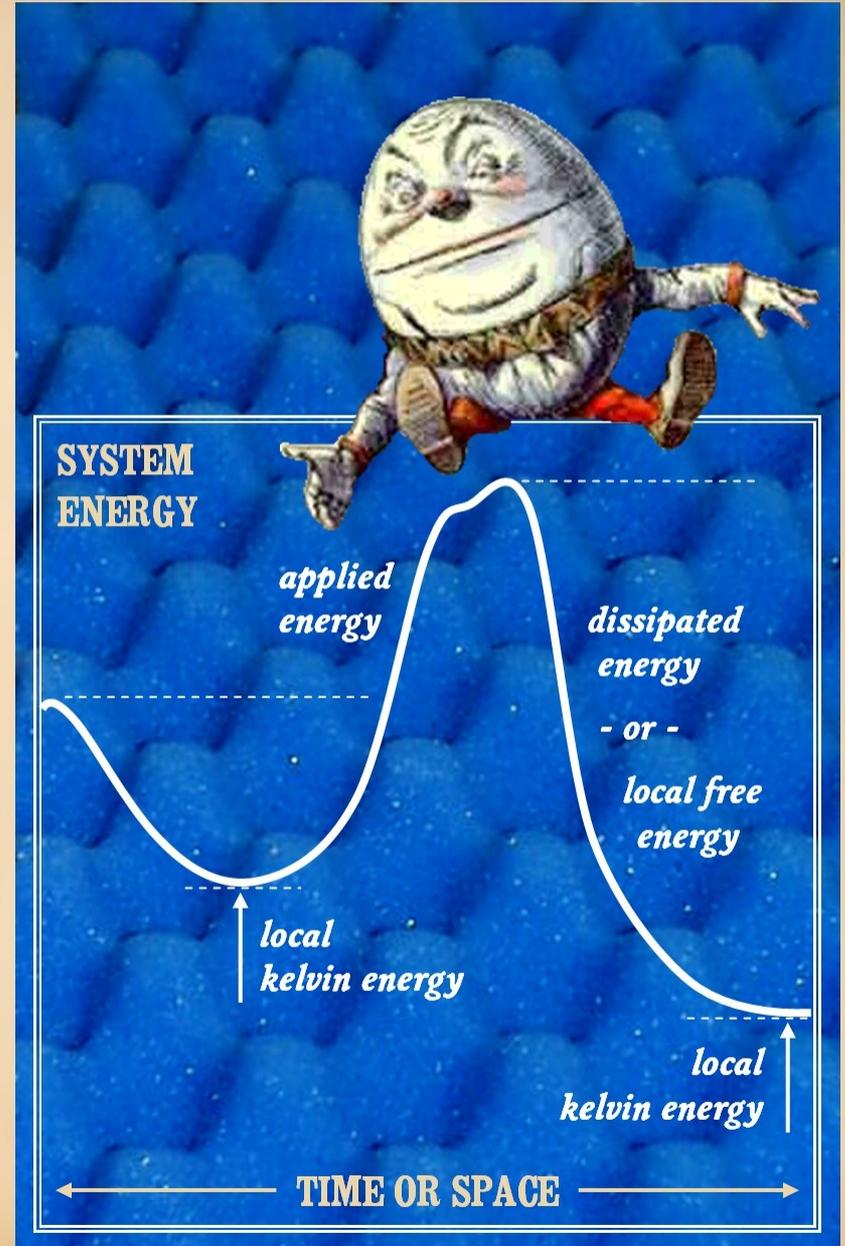
Such systems gravitate toward local free energy minima.

Without new energy put in, it can be difficult to displace the system from a low energy attractor.

This is why it can be so hard to make CAP wounds heal:  
You are trying to break a stable attractor of a chaotic orbit.

They are in a state of effective equilibrium or steady state where free energy is minimized.

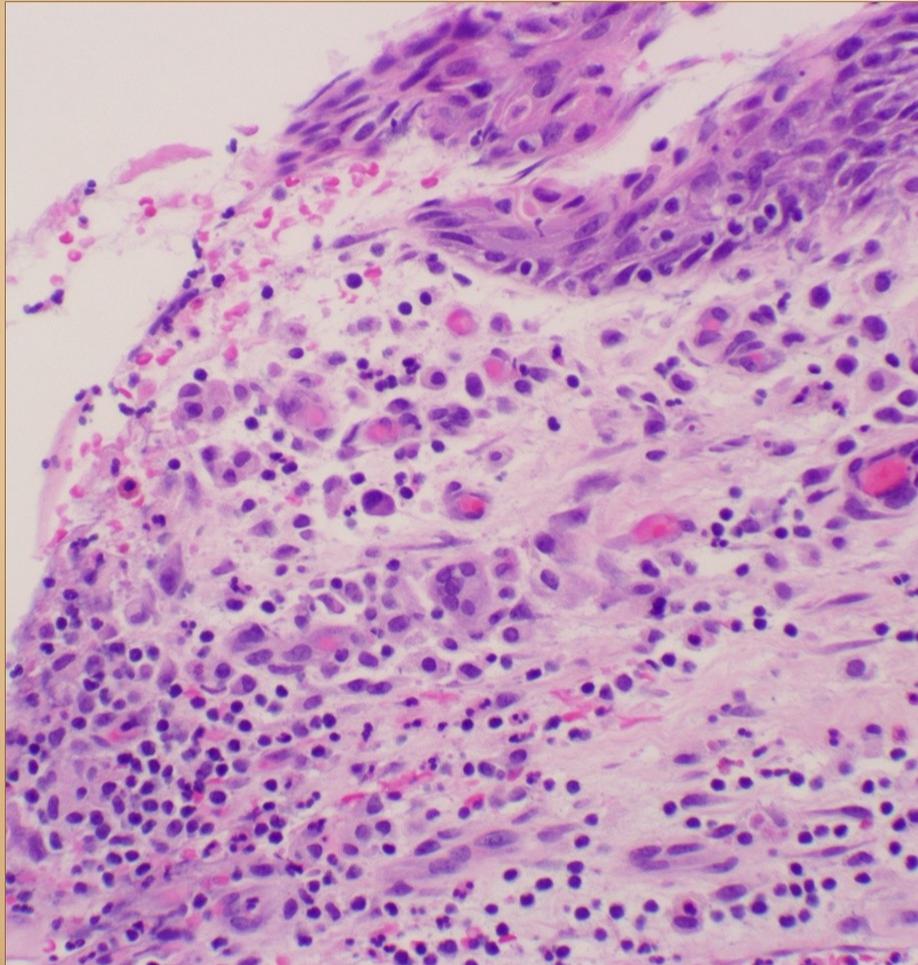
Their clinical status may be undesirable, but the chronic persistent chaotic wound is a state of thermo-dynamic stability for that system - it likes being there.



Why does the CAP wound get into a state of dynamical stability, even one that is counter-productive to health ?

# CHRONICITY AND THE PATHOLOGY OF WOUND FAILURE

THE RELEVANT PHYSICS OF IMPAIRED WOUND HEALING



NON-LINEAR DYNAMICS

Control

Chaos

Attractors

N-Body Dynamics

Population Logistics

Cellular Automata  
& Self-Organization

INTEGRATED WOUND PHYSICS

# NON-LINEAR DYNAMICS & POPULATIONS

## THE BEHAVIOR OF NON-COMPETITIVE RESOURCE-LIMITED POPULATIONS

**P** = population

**K** = maximum population capacity

**r** = maximum population growth rate

define **x** = **P/K**

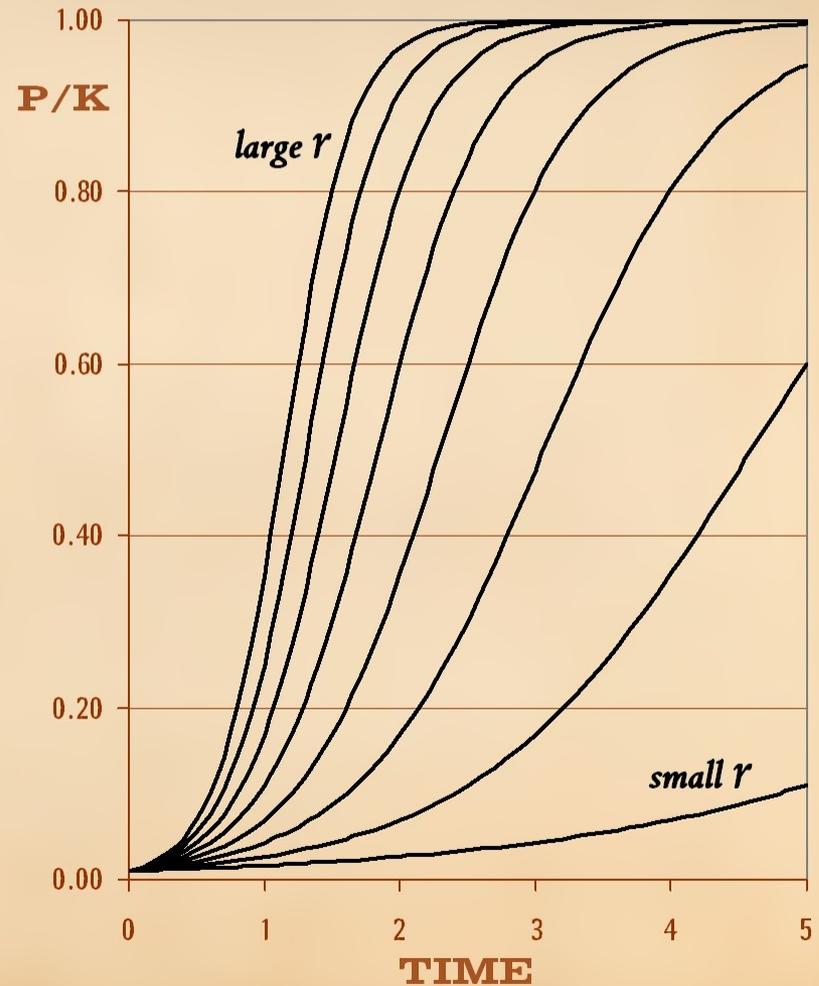
$$\frac{dP}{dt} = rP \left( 1 - \frac{P}{K} \right)$$

$$\frac{dx}{dt} = rx (1 - x)$$

$$P(t) = x_0 \frac{K P_0 e^{rt}}{K + P_0 (e^{rt} - 1)}$$

$$x(t) = \frac{x_0}{x_0 + (1 - x_0) e^{-rt}}$$

# THE VERHULST EQUATION AKA - THE LOGISTICS EQUATION



# NON-LINEAR DYNAMICS & POPULATIONS

## THE BEHAVIOR OF COMPETITIVE FIXED-RESOURCE POPULATIONS

$$x \leftarrow Ax(1-x)$$

	1.50	1.75	2.00	2.25	2.50	2.75	3.00	3.25	3.50
.375	.438	.500	.563	.625	.688	.750	.813	.875	
.352	.431	.500	.554	.586	.591	.563	.495	.383	
.342	.429	.500	.556	.607	.665	.738	.812	.827	
.338	.429	.500	.555	.597	.613	.580	.495	.501	
.335	.429	.500	.556	.602	.653	.731	.812	.875	
.334	.429	.500	.556	.599	.624	.590	.495	.383	
.334	.429	.500	.556	.600	.646	.726	.812	.827	
.334	.429	.500	.556	.600	.629	.597	.495	.501	
.333	.429	.500	.556	.600	.642	.722	.812	.875	
.333	.429	.500	.556	.600	.632	.603	.495	.383	
.333	.429	.500	.556	.600	.639	.718	.812	.827	
.333	.429	.500	.556	.600	.634	.607	.495	.501	
.333	.429	.500	.556	.600	.638	.716	.812	.875	
.333	.429	.500	.556	.600	.635	.610	.495	.383	
.333	.429	.500	.556	.600	.637	.713	.812	.827	
.333	.429	.500	.556	.600	.636	.613	.495	.501	
.333	.429	.500	.556	.600	.637	.711	.812	.875	
.333	.429	.500	.556	.600	.636	.616	.495	.383	
.333	.429	.500	.556	.600	.637	.710	.812	.827	
.333	.429	.500	.556	.600	.636	.618	.495	.501	
.333	.429	.500	.556	.600	.637	.708	.812	.875	
.333	.429	.500	.556	.600	.636	.620	.495	.383	
.333	.429	.500	.556	.600	.636	.707	.812	.827	
.333	.429	.500	.556	.600	.636	.622	.495	.501	
.333	.429	.500	.556	.600	.636	.706	.812	.875	
.333	.429	.500	.556	.600	.636	.623	.495	.383	
.333	.429	.500	.556	.600	.636	.704	.812	.827	
.333	.429	.500	.556	.600	.636	.625	.495	.501	
.333	.429	.500	.556	.600	.636	.703	.812	.875	
.333	.429	.500	.556	.600	.636	.626	.495	.383	
.333	.429	.500	.556	.600	.636	.703	.812	.827	
.333	.429	.500	.556	.600	.636	.627	.495	.501	
.333	.429	.500	.556	.600	.636	.702	.812	.875	
.333	.429	.500	.556	.600	.636	.628	.495	.383	
.333	.429	.500	.556	.600	.636	.701	.812	.827	

**This function will do 1 of 4 things:**

*converge to zero*

*diverge to infinity*

*enter N-period orbit*

*never settle – chaos*

**Values of x vary in complex ways that reflect population dynamics:**

*predation*

*deprivation (starvation)*

*cultivation*

*sustentation (nutrition)*

# LOGISTIC DIFFERENCE EQUATION

AKA - NON-LINEAR VERHULST

Closed system  
Fixed biomass

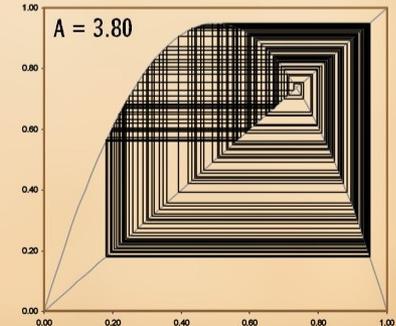
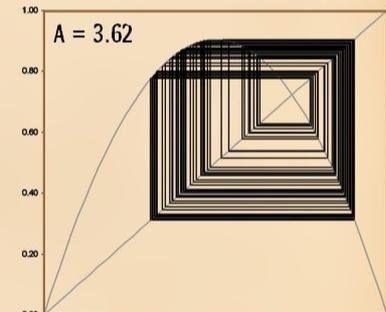
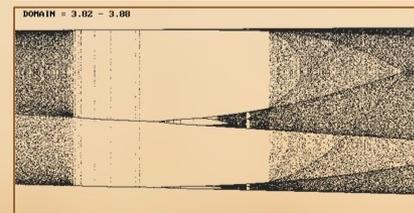
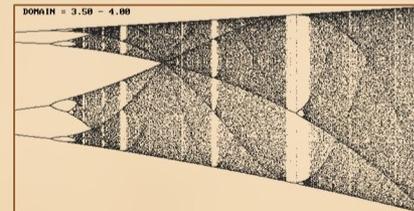
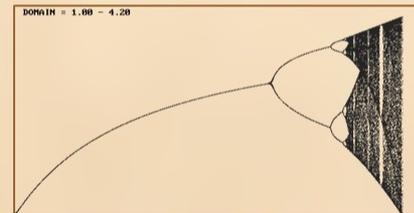
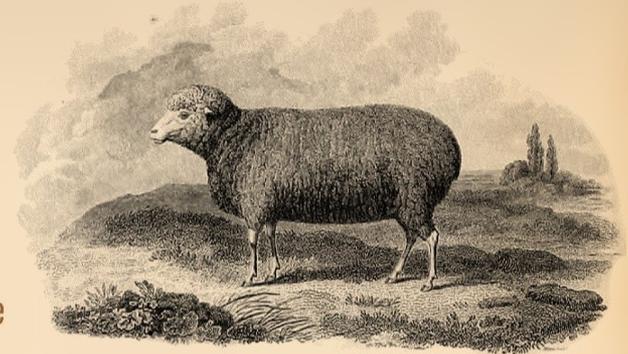
Let :

1 = biomass

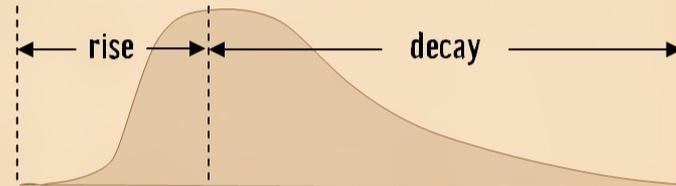
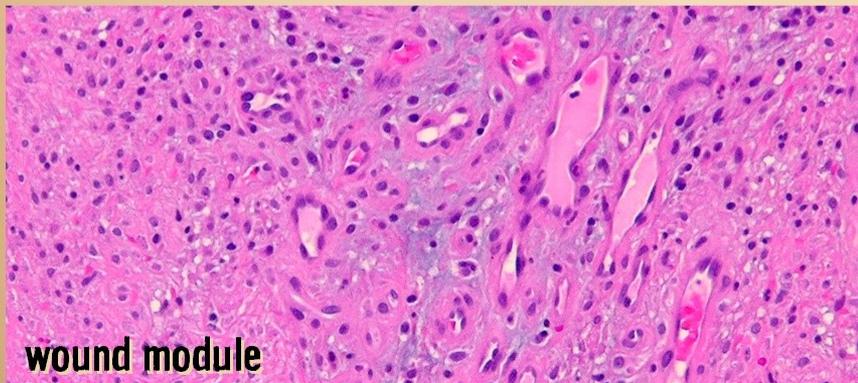
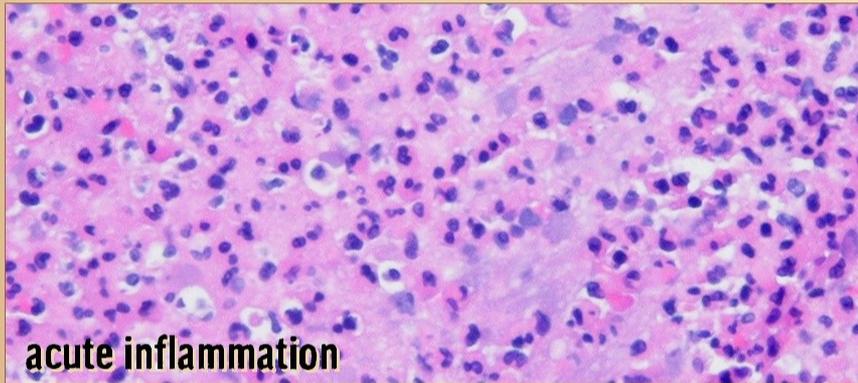
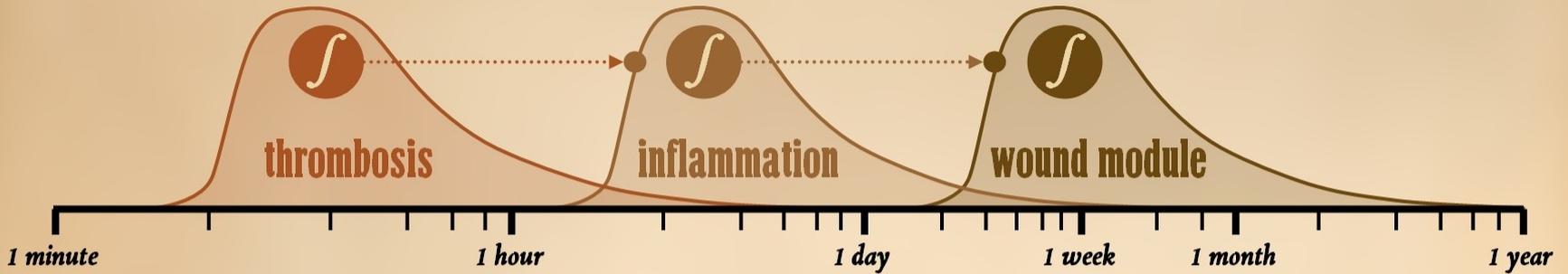
x = sheep

1 - x = grass

A = growth rate



# POPULATION LOGISTICS & THE WOUND - HEALTHY & PHYSIOLOGIC



*linear Verhulst dynamics*

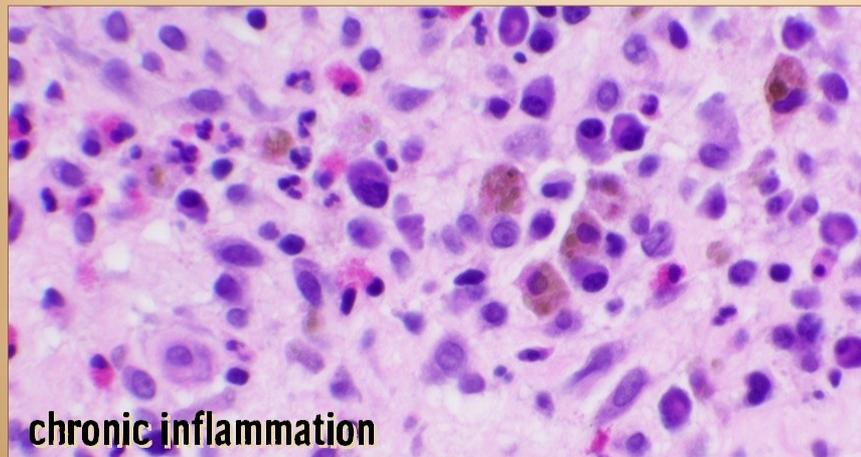
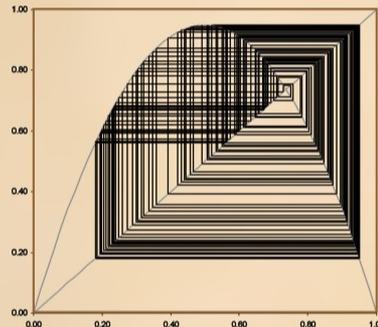
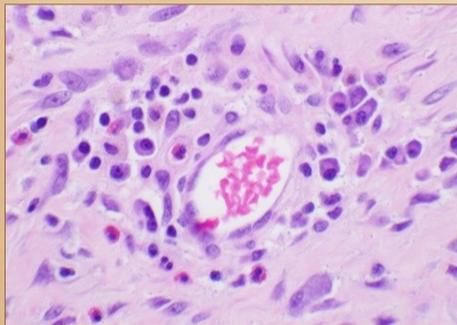
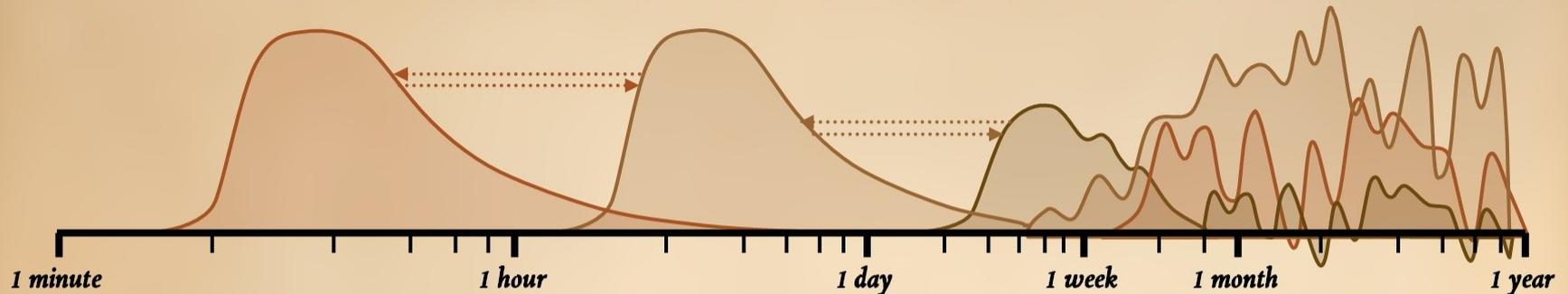
Healthy physiologic wound healing is initiated by injury & thrombosis, then conducted by two cell populations - acute inflammation & wound module.

It is a sequence of one-shot self-completing linear events: primary injury & thrombosis -then- acute inflammation -then- wound module.

These are non-competitive populations. Each compartment triggers the next but there is no feedback to sustain or re-trigger events.

Thus each compartment exhibits Verhulst (sigmoidal) linear dynamics during rise and decay, without complexity, recursion, or instability.

# POPULATION LOGISTICS & THE WOUND - IMPAIRED & PATHOLOGIC



Pathologic wound healing occurs when sustained injury, population persistence, non-linear feedback, & abnormal population dependencies sustain compartmental activity.

The two normal cell populations - *acute inflammation* & *wound module* - can develop non-linearity, persistence, & chronicity due to sustained primary injury or thrombosis.

This worsens when pathology, negative dependencies, & chronicity create a 3rd population - *chronic inflammation* - furthering mutual promotion, inhibition, & competition.

This complex mix of dynamics cannot land or converge, consistent with non-linear logistic-difference periodic-chaotic dynamics rather than linear Verhulst dynamics.

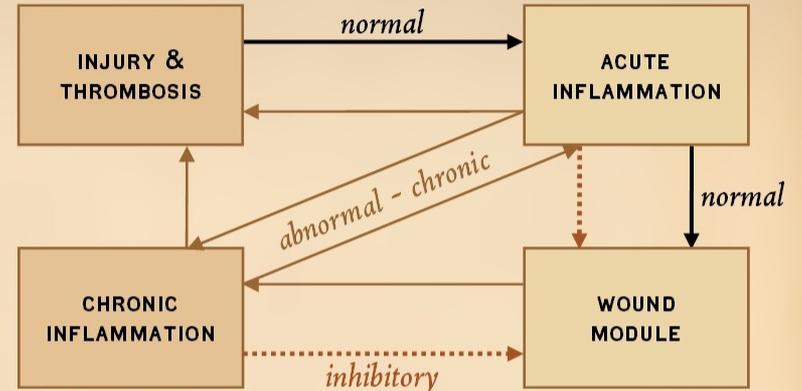
Perpetual complexity arises in the logistics of: injury & thrombosis *-vs-* acute inflammation *-vs-* wound module *-vs-* chronic inflammation *-vs-* injury & thrombosis.

When healthy, recurrent primary injury and thrombosis are needed to perpetuate the wound control loop.

When intrinsic chronicity occurs, the system is locked into a persistent attractor without needing new inputs.

# POPULATION LOGISTICS & THE WOUND

## IMPAIRED, PATHOLOGIC, CHRONIC

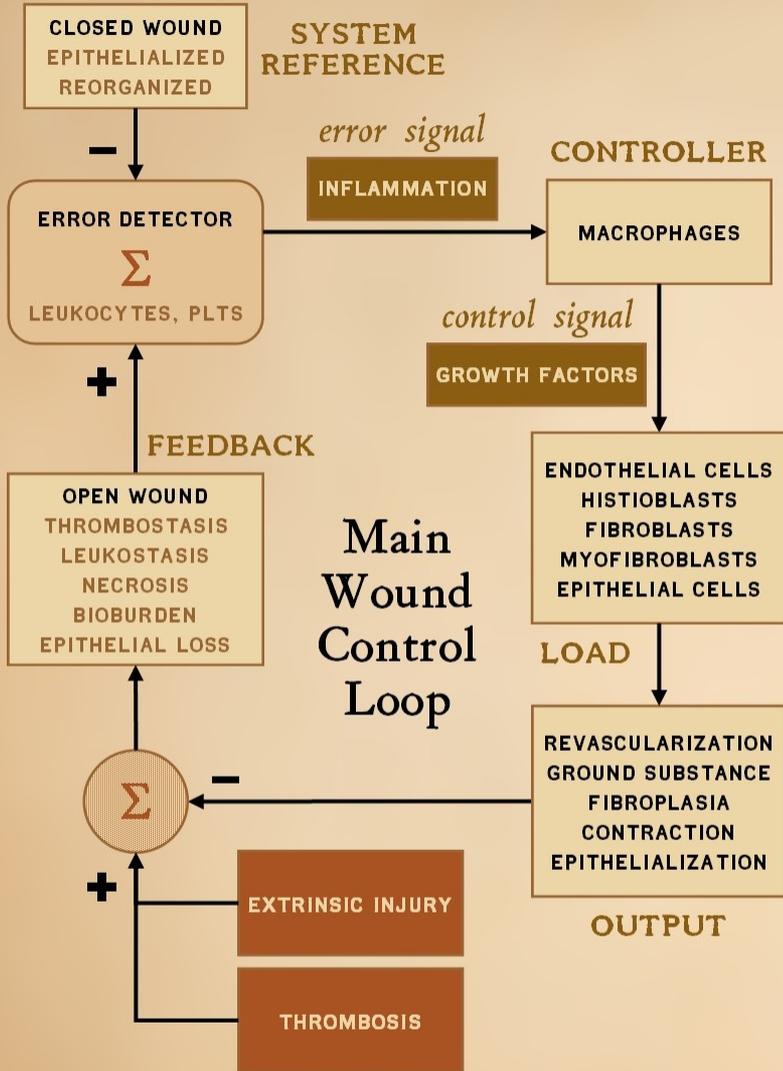


**Perpetual complexity arises in the logistics of:**  
 injury & thrombosis *-vs-* acute inflammation  
*-vs-* wound module *-vs-* chronic inflammation  
*-vs-* injury & thrombosis

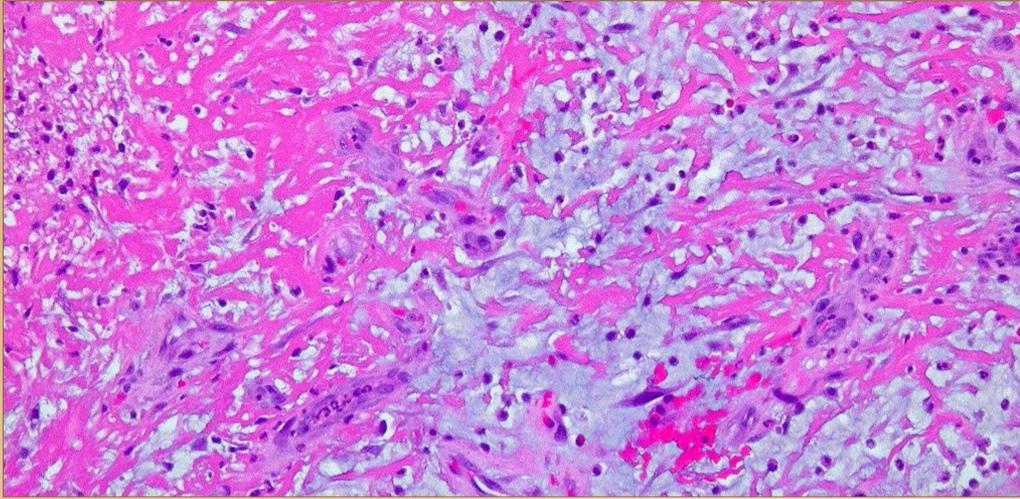
**abnormal populations & dependencies =**  
 feedbacks, multicontrol, n-body dynamics  
 loss of sigmoidal one-shot behavior  
 chaos & non-converging attractors

**stable attractor = low energy well**

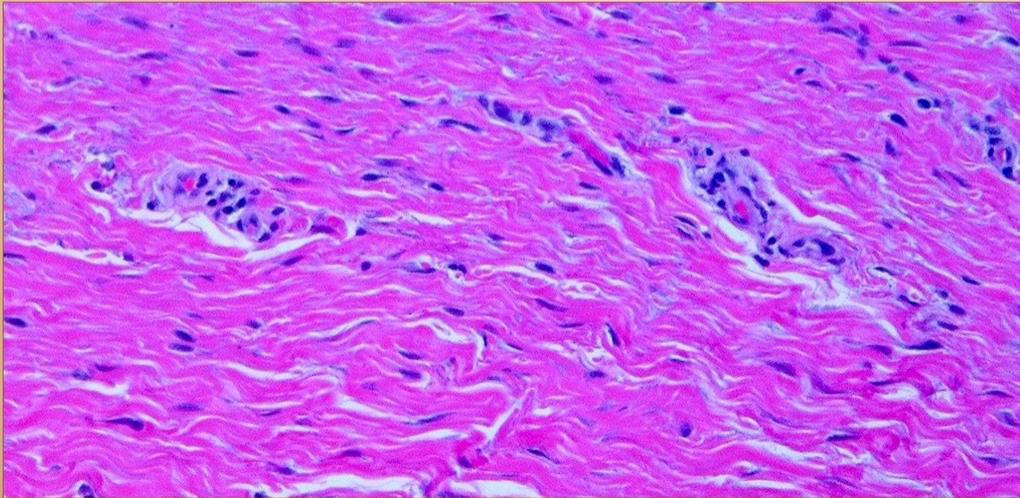
**When intrinsic chronicity occurs, the system is locked into a persistent attractor without needing new inputs.**



**When healthy, recurrent primary injury & thrombosis are needed to perpetuate the wound control loop.**



**The Main Control Loop drives wound healing toward the system reference. How does it know what the reference is? How do wound module elements know to organize into the required form that satisfies the reference ?**



# CHRONICITY AND THE PATHOLOGY OF WOUND FAILURE

## THE RELEVANT PHYSICS OF IMPAIRED WOUND HEALING

---

### NON-LINEAR DYNAMICS

---

Control

Chaos

Attractors

N-Body Dynamics

---

Population Logistics

---

Cellular Automata  
& Self-Organization

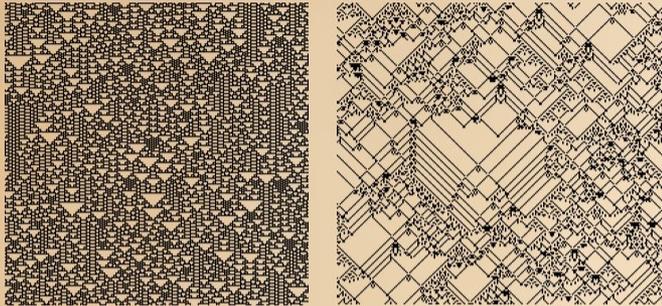
---

INTEGRATED WOUND PHYSICS

---

# CELLULAR AUTOMATA

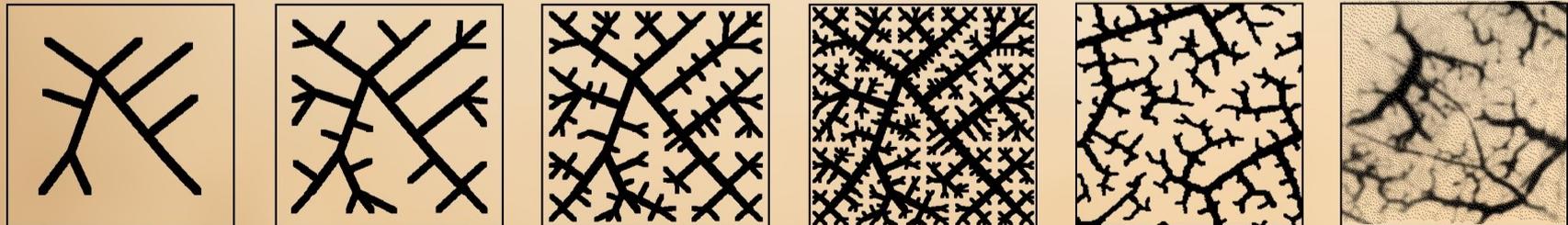
## SELF-ORGANIZATION



MATRIX AUTOMATA



DLA – DIFFUSION LIMITED AGGREGATION



VT – VASCULAR NET ANGIOGENESIS

# CELLULAR AUTOMATA

Self-organizing automata are a foundational concept in non-linear dynamics.

They are systems in which individual elements, “cells”, have a set of strict deterministic rules governing their behavior and how they must interact and evolve with adjacent or local cells.

If you throw them all into a pot, they will sort themselves out, generally ending up with complex highly organized structures based on just a few simple instructions or relationships.

## PARSIMONIOUS SELF-ORGANIZATION

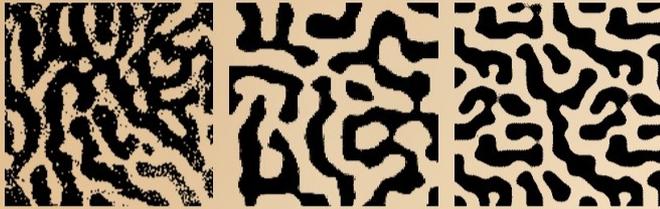
The route to self-assembly that takes the least information or energy or effort.

This is how natural systems behave.

There is a thermodynamic basis for this, optimizing changes in free energy and entropy.

# CELLULAR AUTOMATA

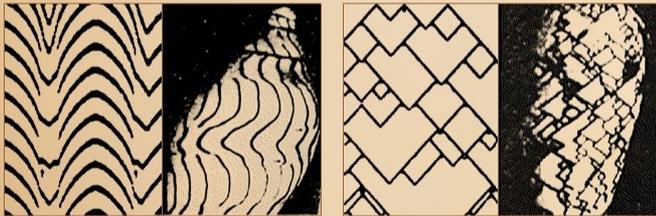
## BIOLOGICAL SYSTEMS



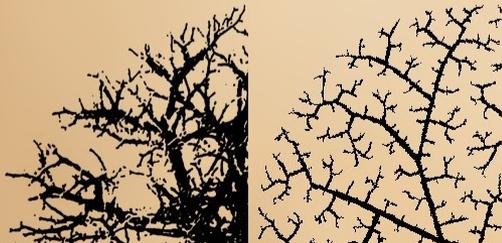
OCULAR DOMINANCE COLUMNS



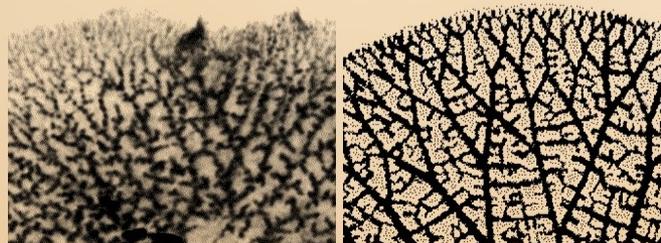
ANIMAL COATS



MOLLUSC PATTERNS



BILE DUCTS



GASTROVASCULAR SYSTEMS



LEAF VEINS

Biological structures are all assembled by cellular automata exhibiting parsimonious self-organization.

There are no morphology genes, just structural proteins and process proteins. It is in their inter-operations that complex organization and macro-structure occurs.

The self-assembly of tissues and organs occurs due to limited sets of “instructions”, operating by deterministic physics, which govern how cells interact with local neighbors.

Non-linearity, feedback, and control are implicit & explicit.

---

Wound repair & the wound module are just another example of this kind of automatic self-assembly and parsimonious self-organization / self-re-organization.

When allowed to function properly, stromal rebuilding is automatic and correct, without any blueprint or collective knowledge by the cells of what is being built.

# CELLULAR AUTOMATA

## Wound Self-Assembly & Stromal Reorganization



*neutrophil*



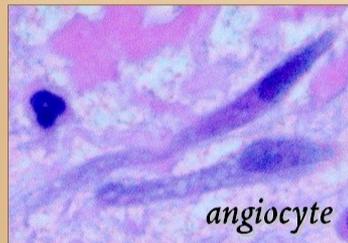
*epithelial*



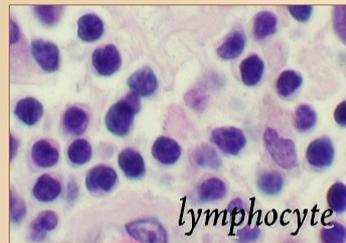
*monocyte-macrophage*



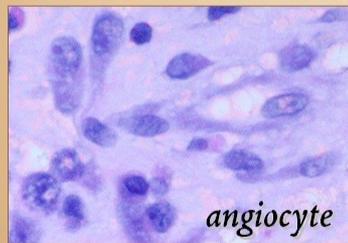
*histiocyte*



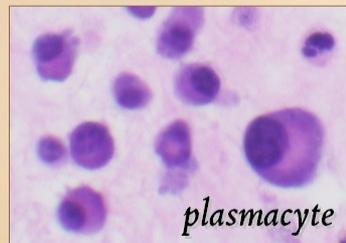
*angiocyte*



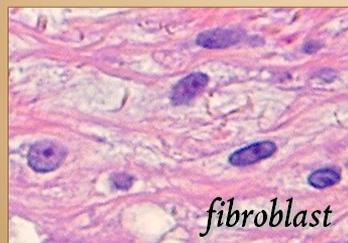
*lymphocyte*



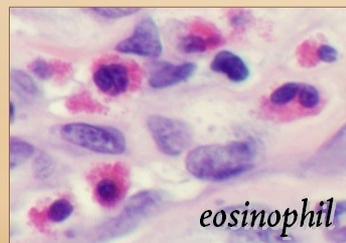
*angiocyte*



*plasmacyte*



*fibroblast*



*eosinophil*

The wound is a cellular self-organizing automatic system.

It is made of real biological cells. Their deterministic interactions are epitomized in the Main Control Loop.

Each cell - monocyte, angiocyte, fibroblast, keratinocyte - has an assigned job. If allowed to function properly, stromal rebuilding & wound closure are automatic and correct.

When pathological, self-organization is disturbed or fails. Wound healing is then disrupted - because wound healing is nothing more than the self-organization of these cells.

Problems happen when chronic inflammatory cells appear. They disturb the function & organization of the cells meant to be there, arresting or disrupting their intended organization.

---

**In the chronic chaotic intrinsically pathological wound, NOT ONE OF THESE CELLS IS INTRINSICALLY PATHOLOGICAL.**

Each cell and cell type is intrinsically correct or healthy, trying to do what it is meant to do. If it is failing, it is because it is being besieged, restrained, or deprived by another of these cells.

Are there intrinsic disorders of the repair cells? No. See the website & text.

These are not divergent wounds - they are not ulcerating and getting worse. They are just not healing. What is disrupted is **ONLY** the aggregate organization and self-assembly.

## CONVERGENT



## DIVERGENT



## CHAOTIC



Some wounds refuse to heal, even when gross pathology & causative disease are controlled and acute ulceration and inflammation are subsided.

### THERE IS A REASON

these wounds go back and forth but get no better  
they cannot spontaneously climb out of this attractor  
multiple therapeutics are often of no benefit  
adverse behavior is independent of the primary pathology

### THESE REASONS CANNOT BE UNDERSTOOD

by looking at any individual cell or chemical or gene  
by analysis of any dependent-vs-independent experiment  
by any "conventional bioscience" type of experiment  
by any type of randomized controlled trial

# CHRONICITY AND THE PATHOLOGY OF WOUND FAILURE

## THE RELEVANT PHYSICS OF IMPAIRED WOUND HEALING

### NON-LINEAR DYNAMICS

Control

Chaos

Attractors

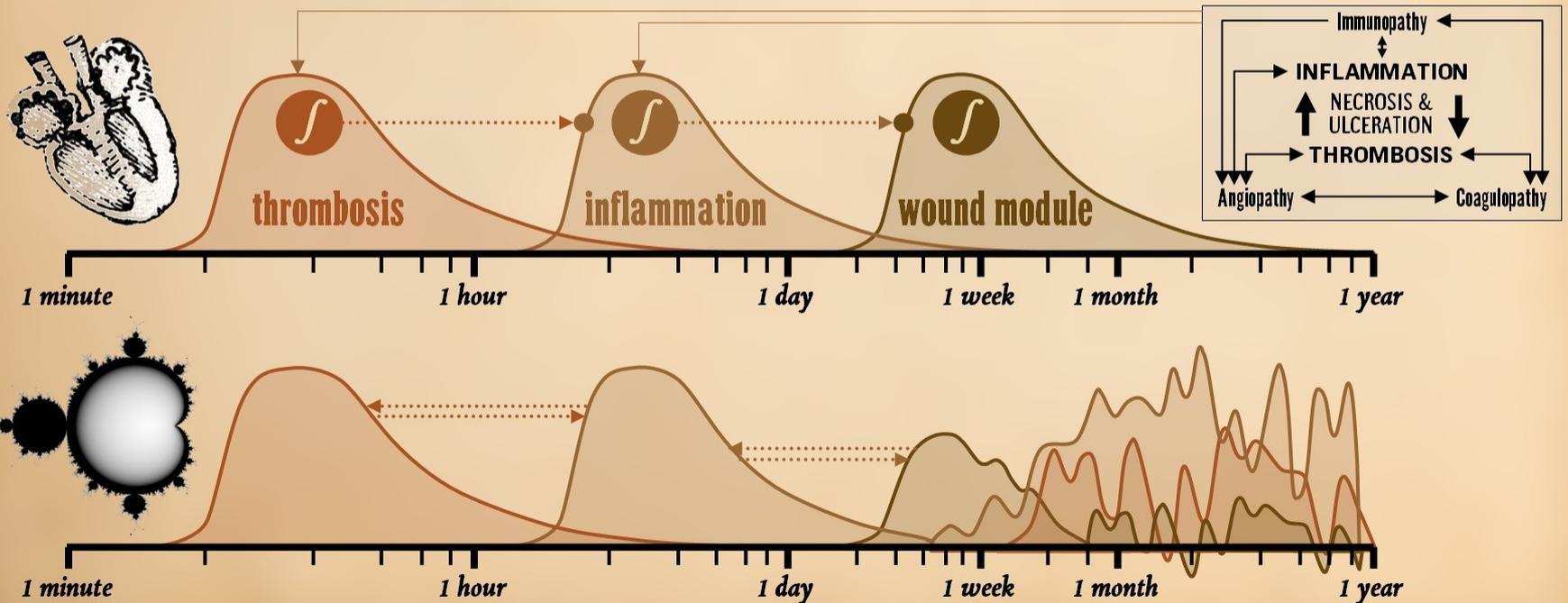
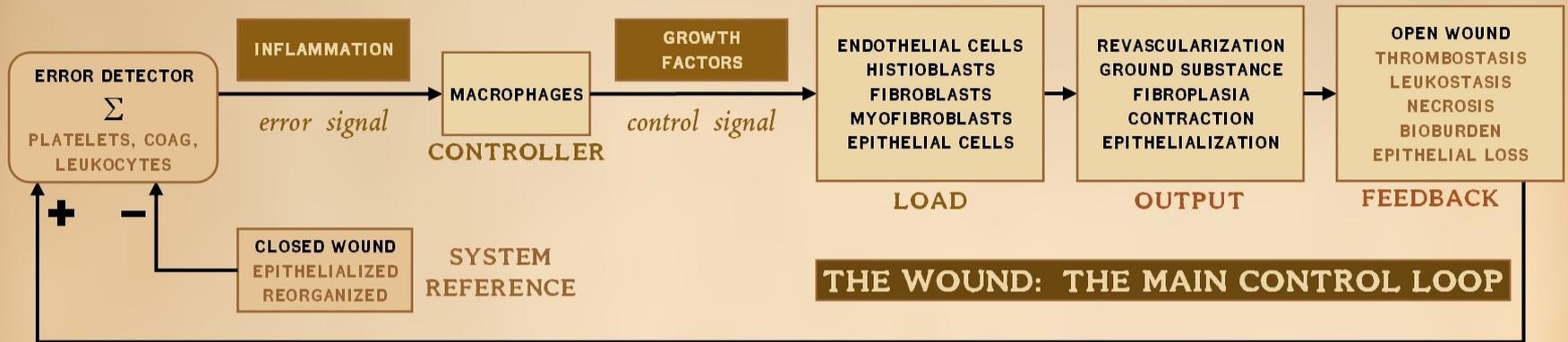
N-Body Dynamics

Population Logistics

Cellular Automata  
& Self-Organization

## INTEGRATED WOUND PHYSICS

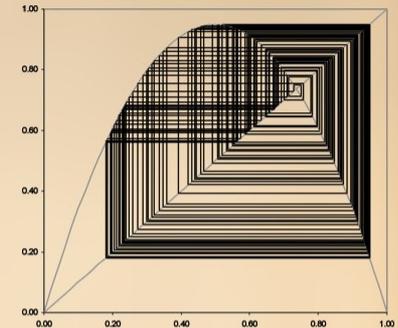
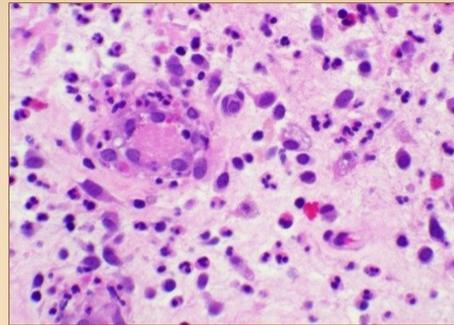
# NON-LINEAR DYNAMICS : FEEDBACK, CONTROL, CHAOS, ATTRACTORS, N-BODY MULTI-CONTROL



# NLD : POPULATION LOGISTICS & DEPENDENCIES, CELLULAR AUTOMATA & SELF-ORGANIZATION

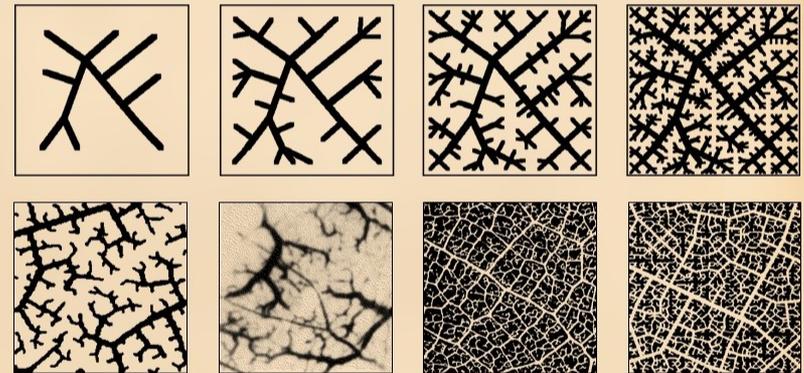
Why does the CAP wound get into a state of unhealed dynamical stability, even one that is counter-productive to health ?

*population logistics  
abnormal populations  
abnormal dependencies*



The Main Control Loop drives wound healing toward a reference. What is the reference? How do wound module elements know to organize into the required form that satisfies the reference ?

*cellular automata & self-organization  
parsimonious self-assembly  
thermodynamic stability*



In the chronic chaotic intrinsically pathological wound,  
**NOT ONE OF THE CELLS IS INTRINSICALLY PATHOLOGICAL.**

These are not divergent wounds - not ulcerating and getting worse.  
They just are not healing. What is disrupted is **ONLY**  
the aggregate organization and self-assembly.

(The specific chemicals degraded, disorganized, & denied are a matter for conventional biosciences to discover.)

When healthy, recurrent primary injury  
& thrombosis are needed to perpetuate  
the wound control loop.

When intrinsic chronicity occurs,  
the system is locked into a persistent  
attractor without needing new inputs.

When healthy, recurrent primary injury & thrombosis are needed to perpetuate the wound control loop.

When intrinsic chronicity occurs, the system is locked into a persistent attractor without needing new inputs.

### ACUTE WOUNDS

incidental injury

sequential one-shots  
normal healing

### CHRONIC - EXTRINSIC

repetitive primary injury  
untreated disease  
uncontrolled wound

2-population chaos - vs -  
non-chaotic due to disease  
divergence or delayed convergence

### CHRONIC - INTRINSIC

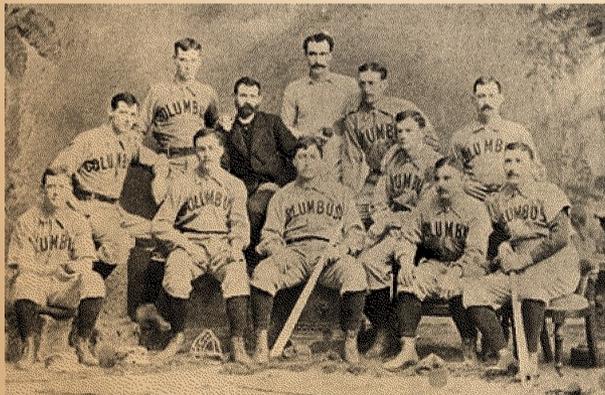
sustained primary injury  
persistent disease  
uncontrolled wound

autonomous chaotic attractor  
auto-immunization  
3rd population

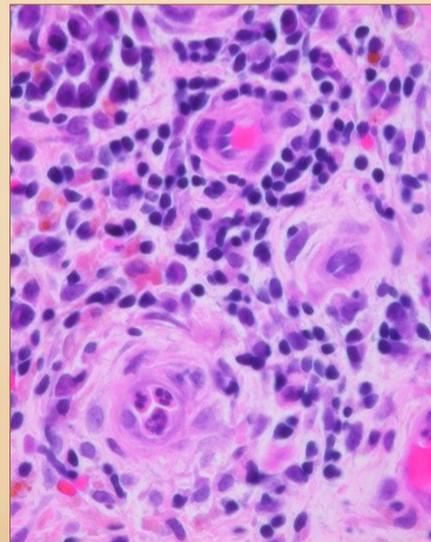
Underlying primary inducing disorders: inflammation (reactive & induced), infection-immunity, trauma-injury, allergy-atopy, thrombosis & micro-occlusion

All cells have specific parsimonious biologically defined functions . . . including chronic inflammation cells, the 3rd population of the pathological wound.

## CHRONIC INFLAMMATION



**! IS NOT !  
THE RELIEF TEAM**



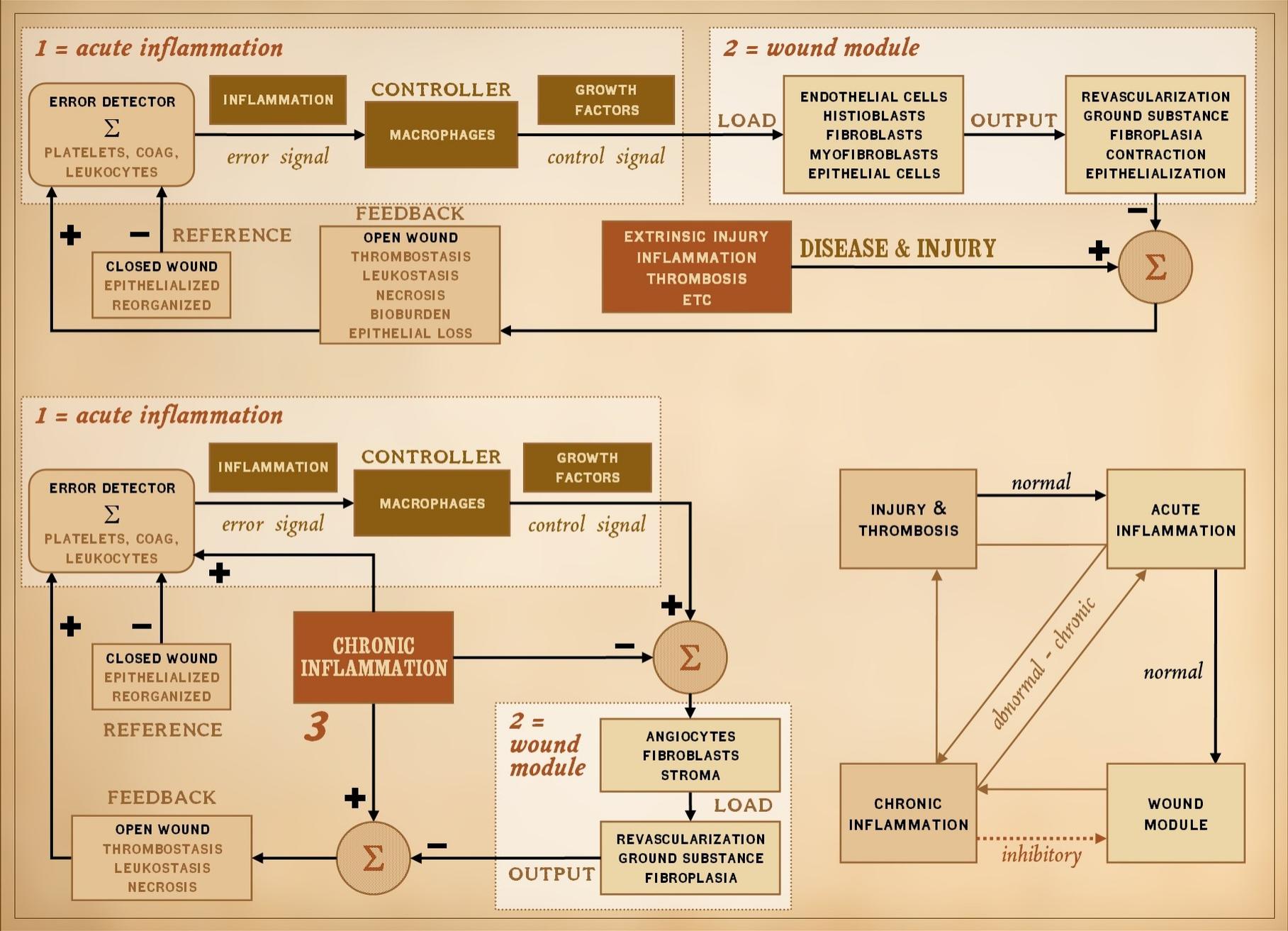
" WOMEN 20-34 YEARS - INFILTRATION OF VESSEL WALL BY MONONUCLEAR CELLS, MAINLY LYMPHOCYTES - 4 PATIENTS ANTIPHOSPHOLIPID ANTIBODIES - ONE HETEROZYGOUS FACTOR V LEIDEN - WE TERM THIS LYMPHOCYTIC THROMBOPHILIC ARTERITIS "

" CRITERIA FOR LYMPHOCYTIC VASCULITIS (1) LYMPHOCYTIC INFILTRATE BLOOD VESSEL, (2) FIBRINOID NECROSIS, (3) ENDOTHELIAL CELL HYPERPLASIA - CLINICAL DIAGNOSES VARIED - DRUG REACTION, CHRONIC URTICARIA, NODULAR SCABIES, ERYTHEMA MULTIFORME, - PROBABLY NOT SPECIFIC - MORE LIKELY A REACTIVE PROCESS "

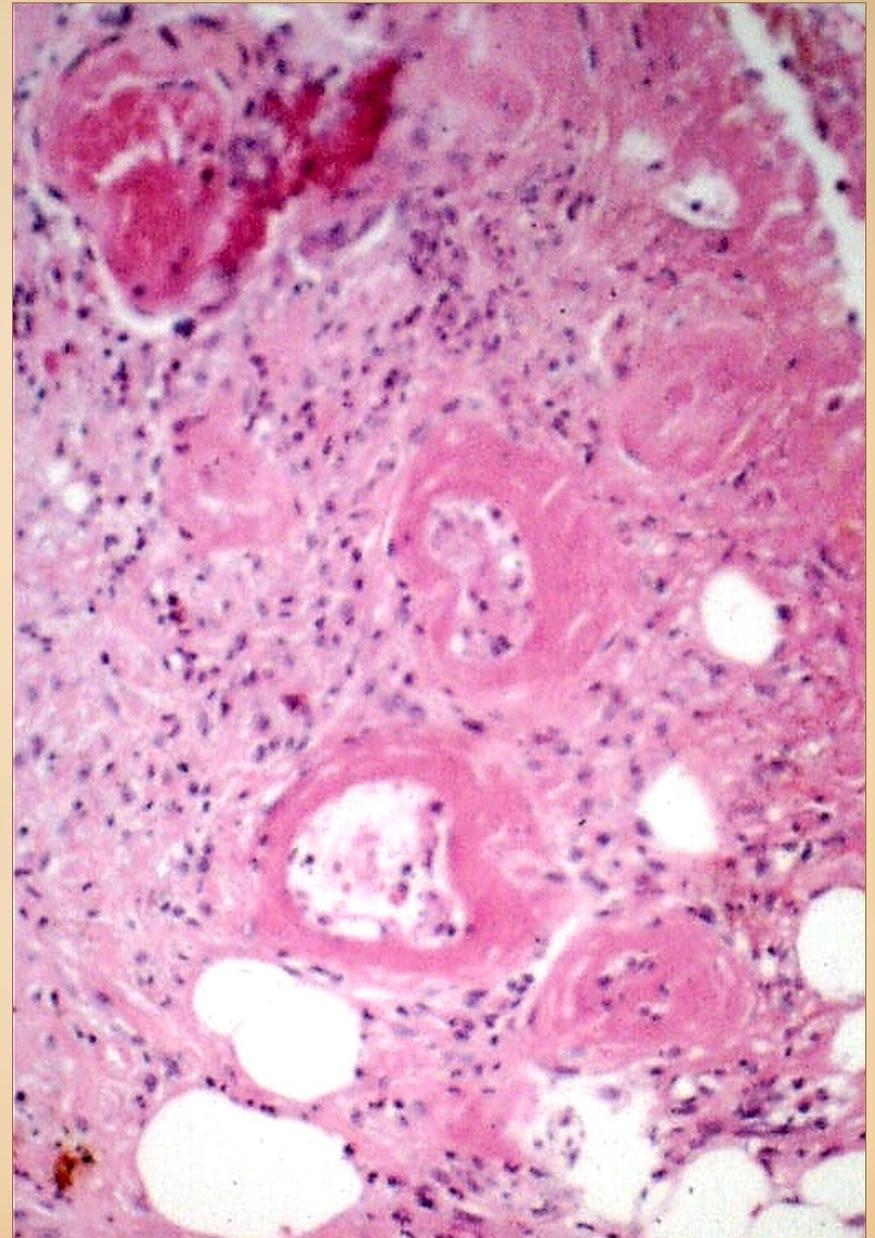
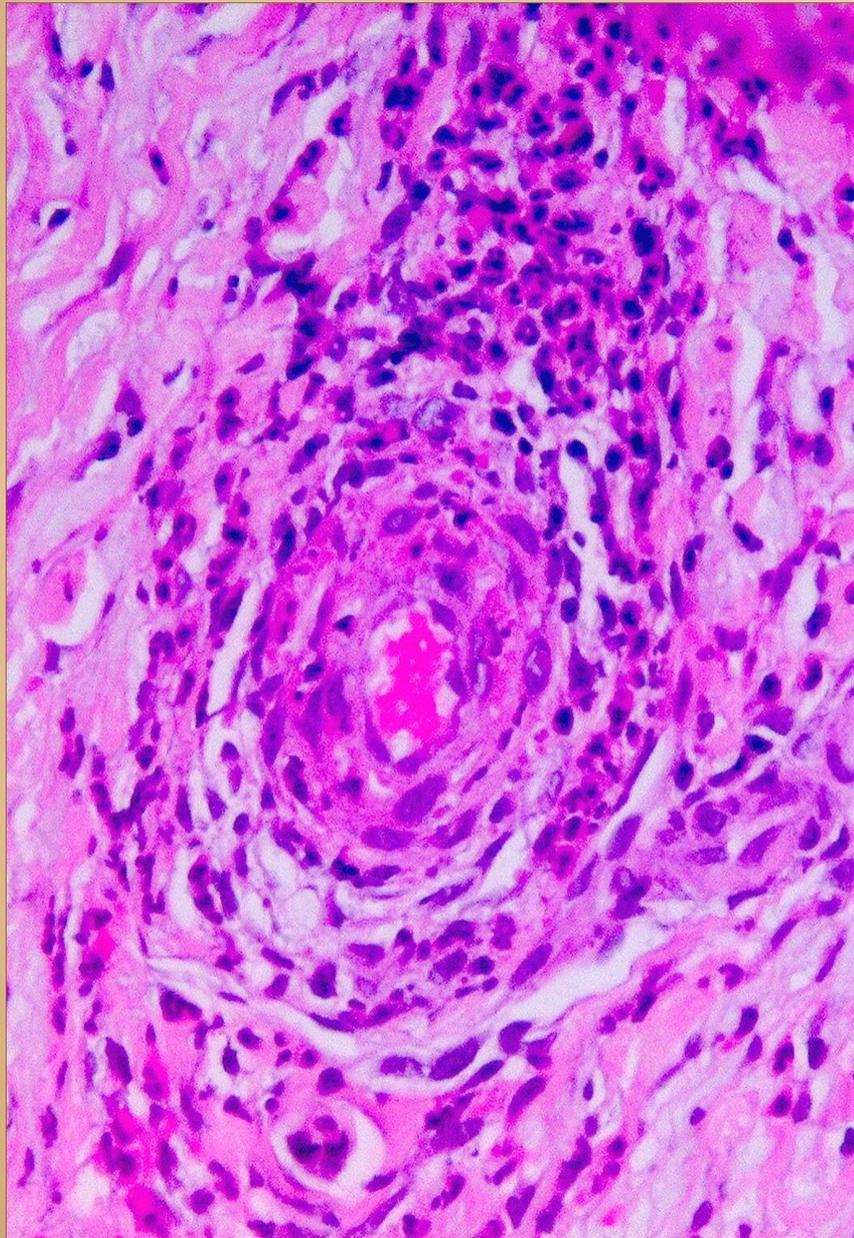
" LYMPHOCYTIC VASCULITIS AS SIGN OF EARLY CONNECTIVE TISSUE DISEASE - HEMORRHAGIC ACRAL LIVEDO WITH ANTI-RIBONUCLEO-PROTEIN ANTIBODIES - STRIKING LYMPHOCYTIC VASCULAR REACTION - , PERIVASCULAR EXTRAVASATION OF RED CELLS, LEUKOCYTOCLASTIC DEBRIS - FINALLY DEVELOPED SYSTEMIC LUPUS ERYTHEMATOSUS "

" LYMPHOCYTIC VASCULITIS - CORRELATES WITH BROAD CLINICAL DIFFERENTIAL DIAGNOSIS - CONNECTIVE TISSUE DISEASE (MOSTLY SLE), RICKETTSIA AND VIRUSES, IDIOPATHIC LICHENOID DERMATOSES, PERNIOSIS, ULCERATIVE NECROTIC MUCHA-HABERMANN "

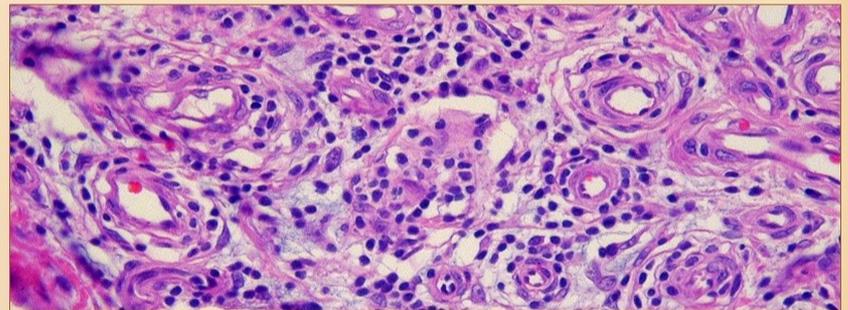
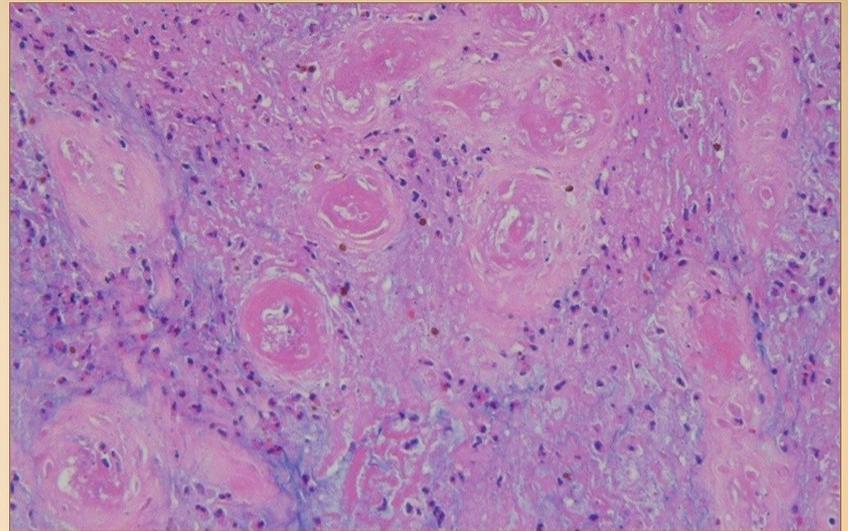
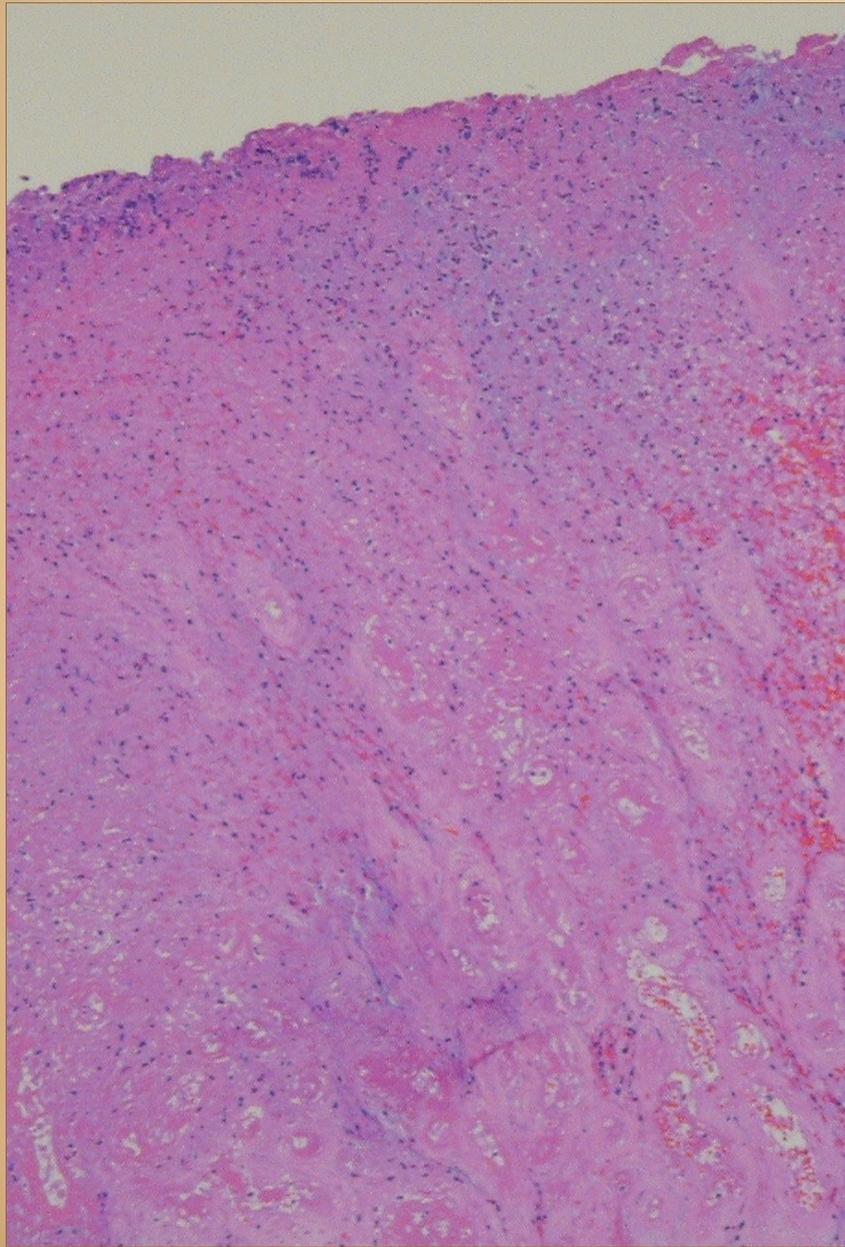
# WOUND FAILURE & CHRONICITY : EXTRINSIC 2-BODY VS INTRINSIC 3-BODY



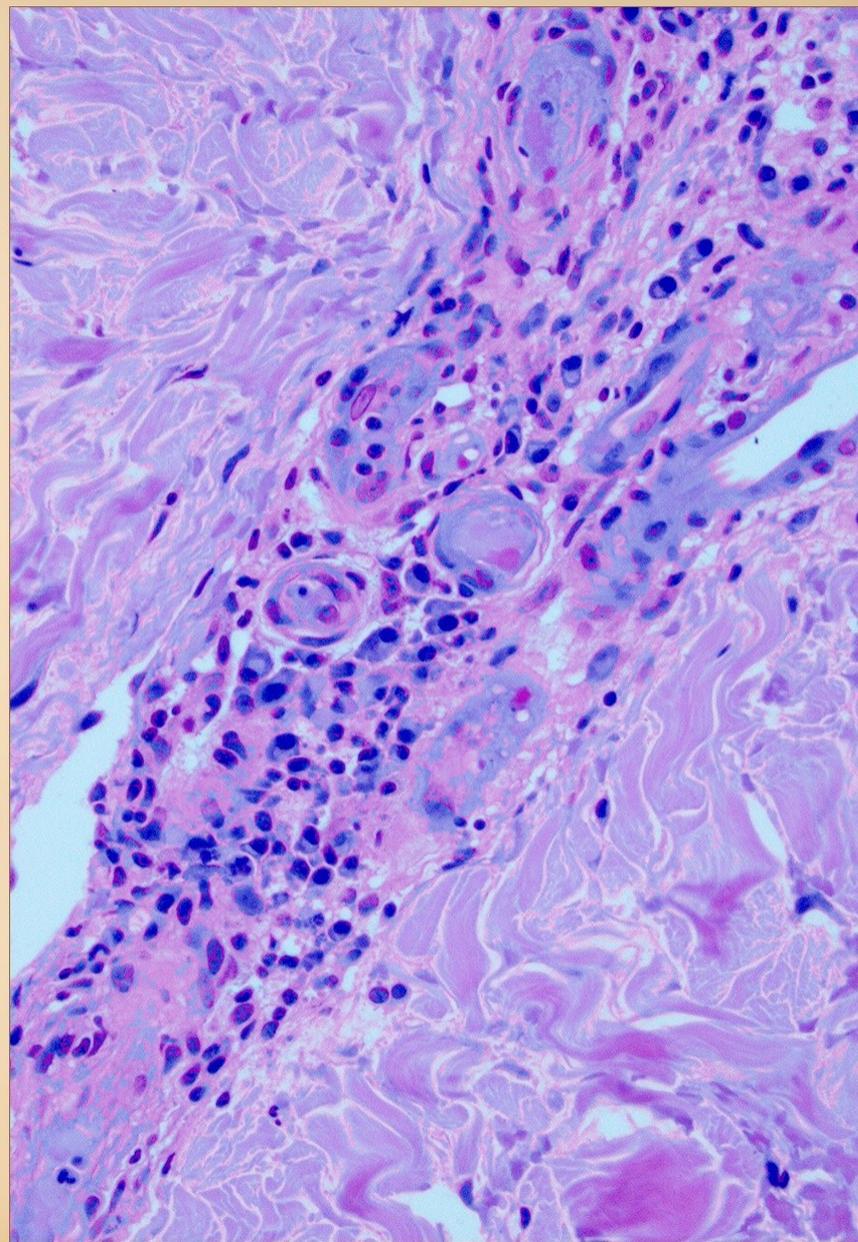
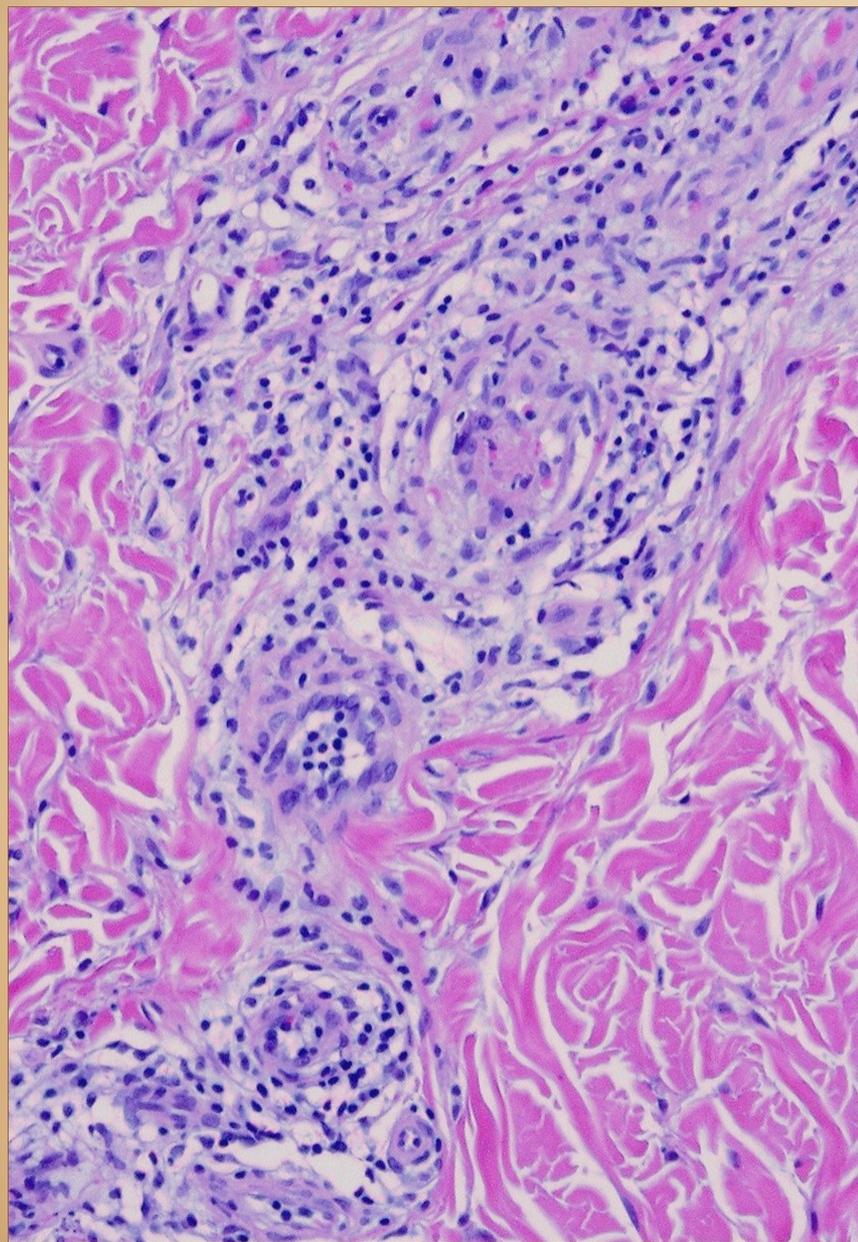
**RECURRENT INJURY, INFLAMMATION, AND THROMBOSIS CAN PERPETUATE THE WOUND CONTROL LOOP**



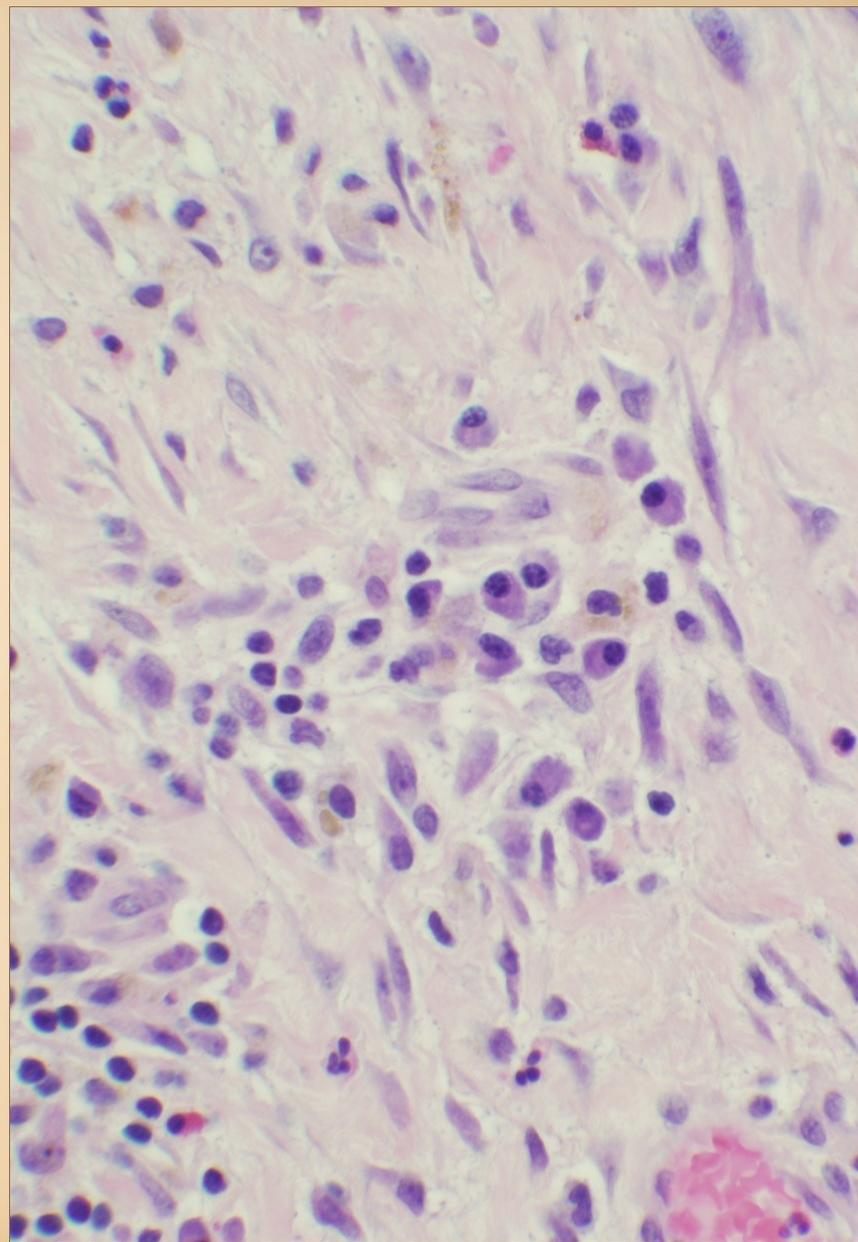
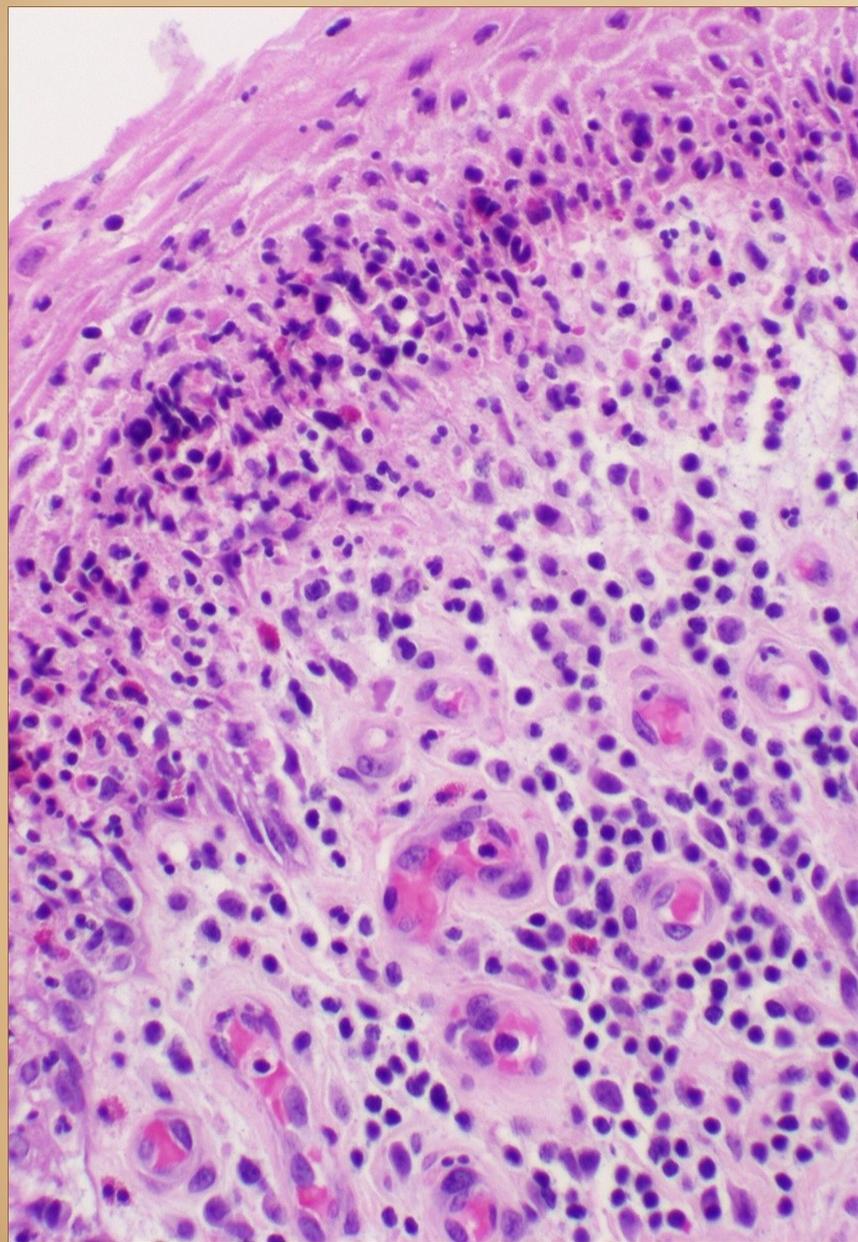
**RECURRENT INJURY, INFLAMMATION, AND THROMBOSIS CAN PERPETUATE THE WOUND CONTROL LOOP**



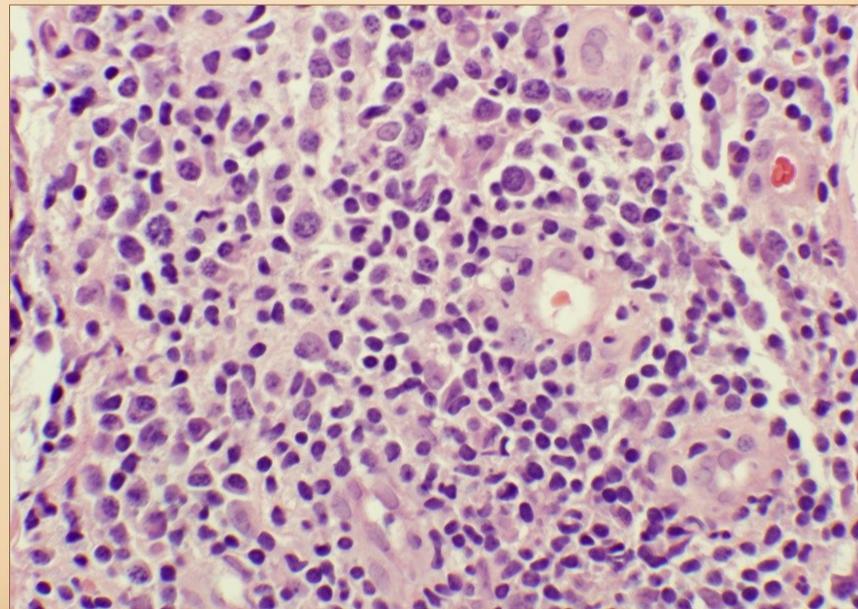
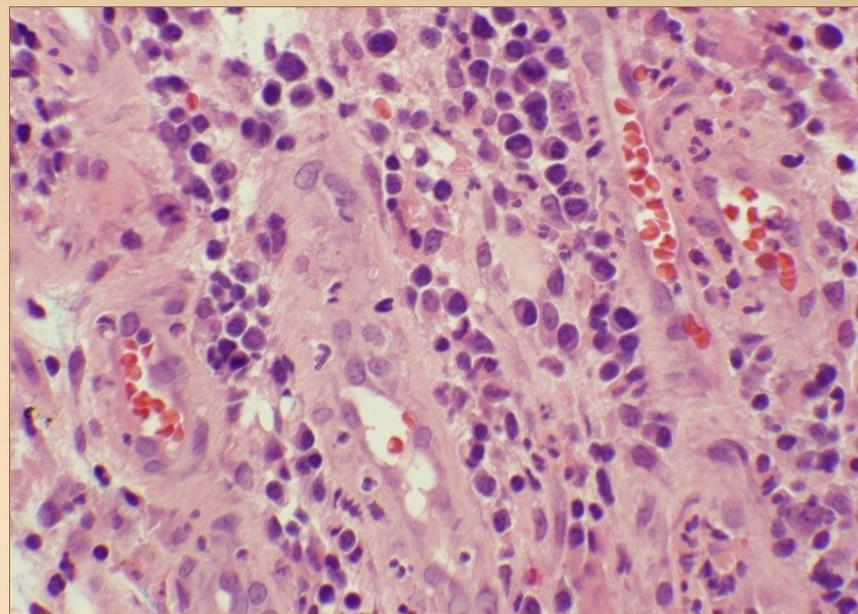
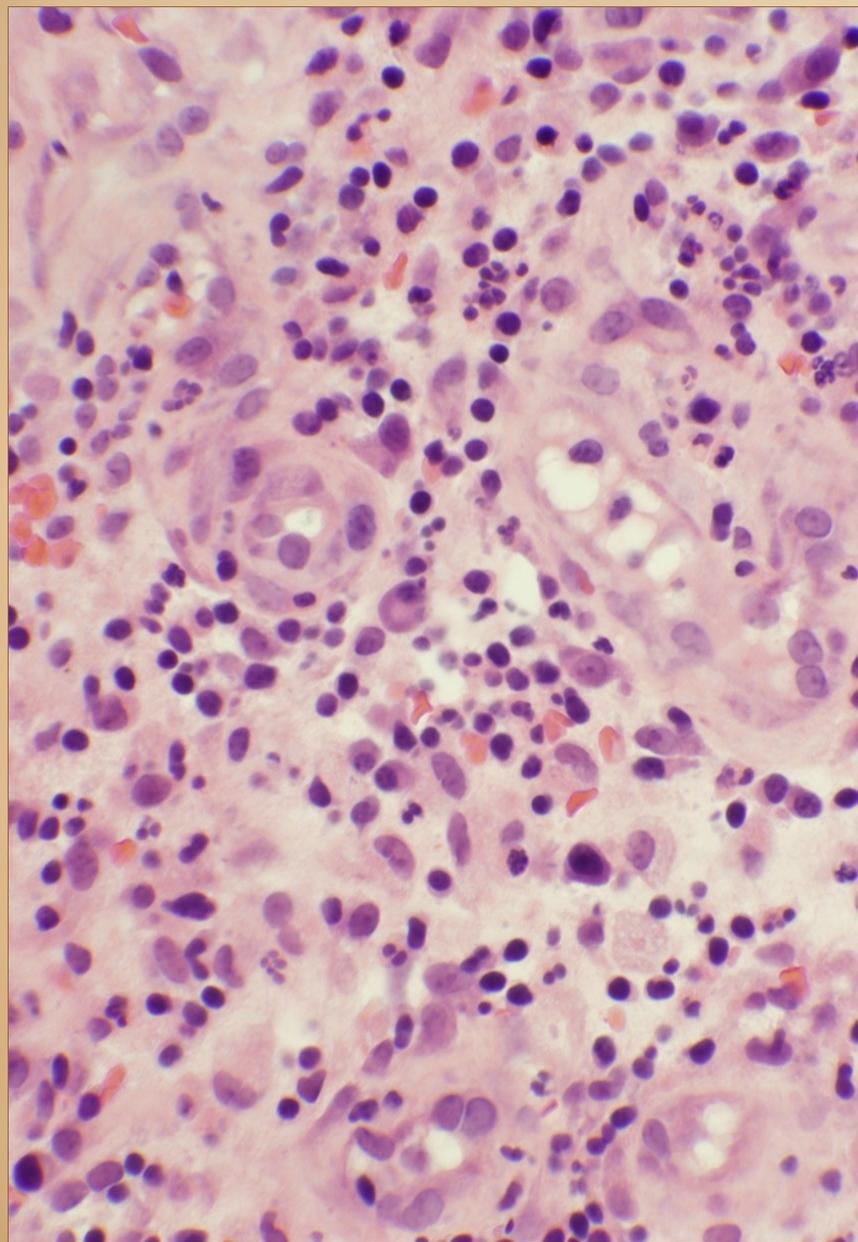
**CHRONIC INFLAMMATION = THREE DEPENDENT POPULATIONS = FAILED ORGANIZATION = NON-HEALING**



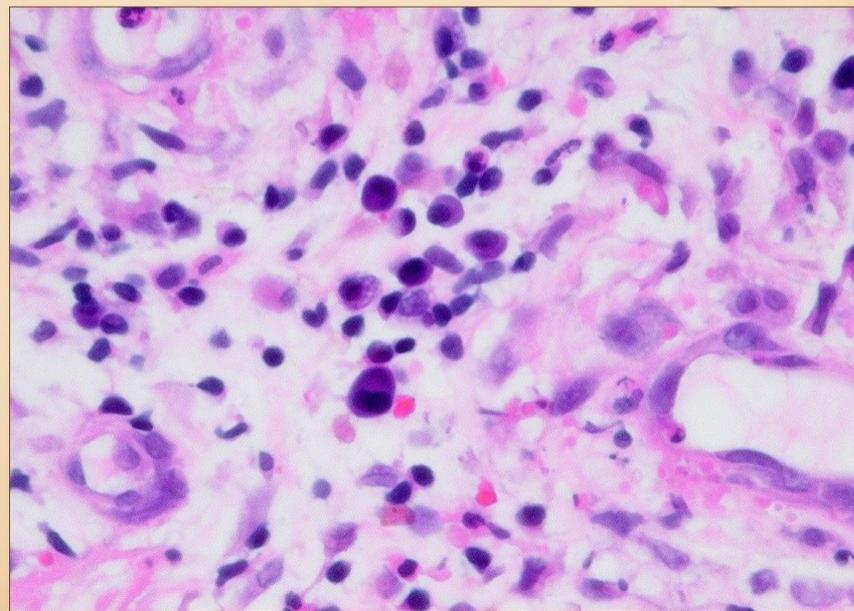
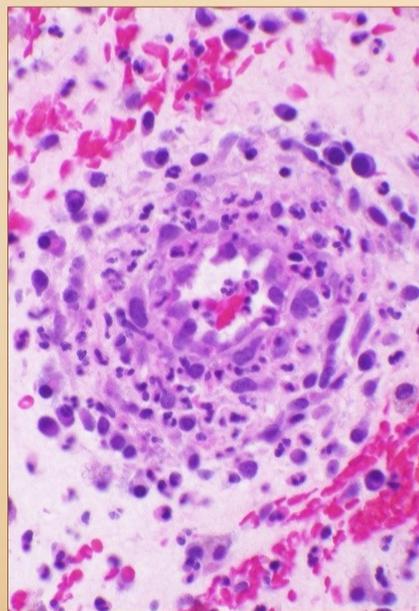
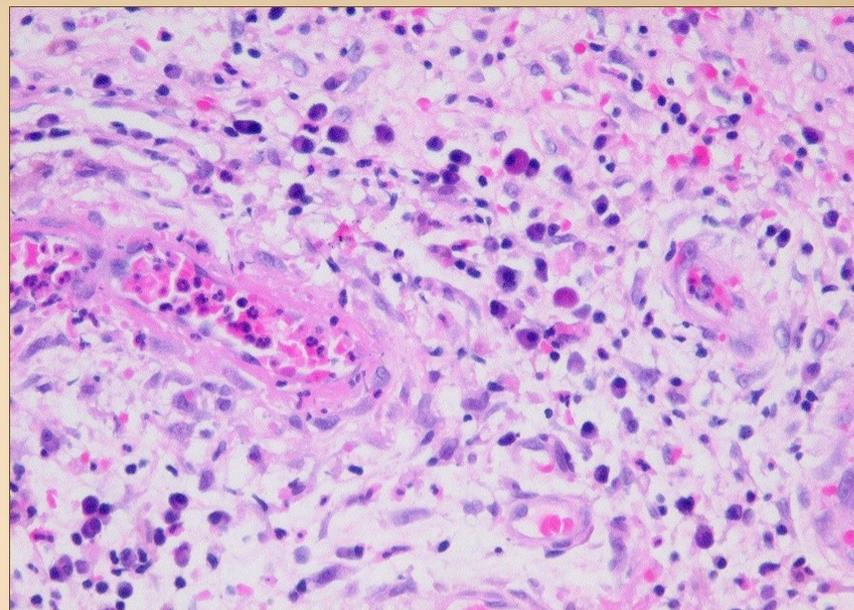
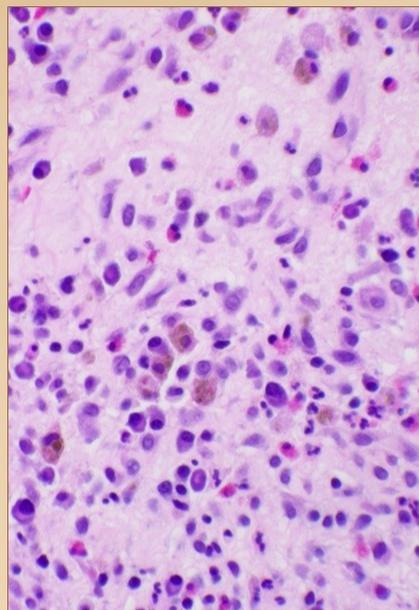
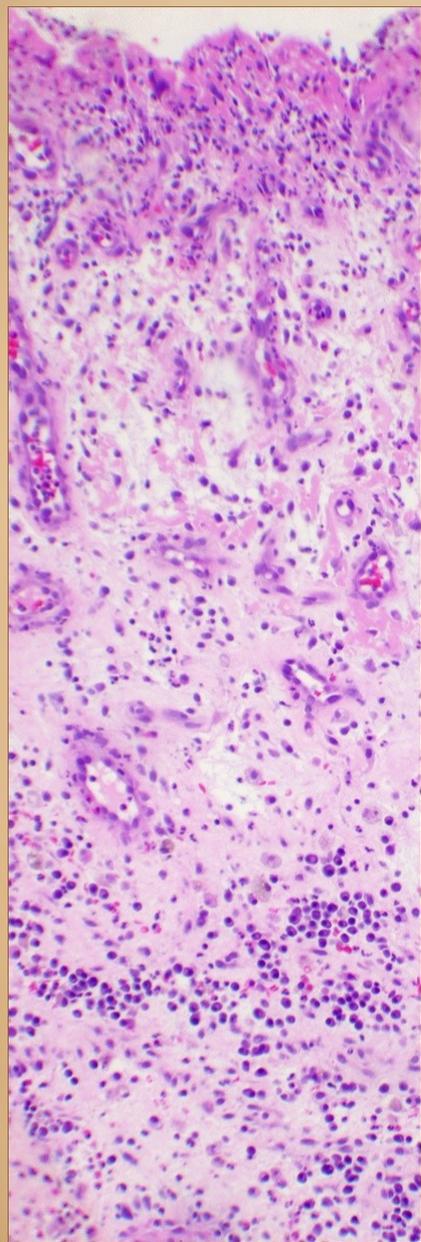
**CHRONIC INFLAMMATION = THREE DEPENDENT POPULATIONS = FAILED ORGANIZATION = NON-HEALING**



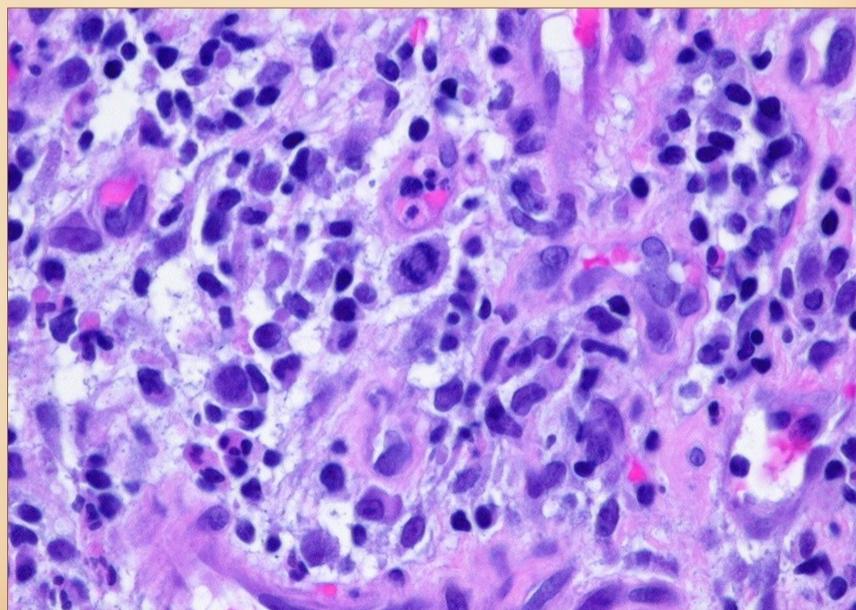
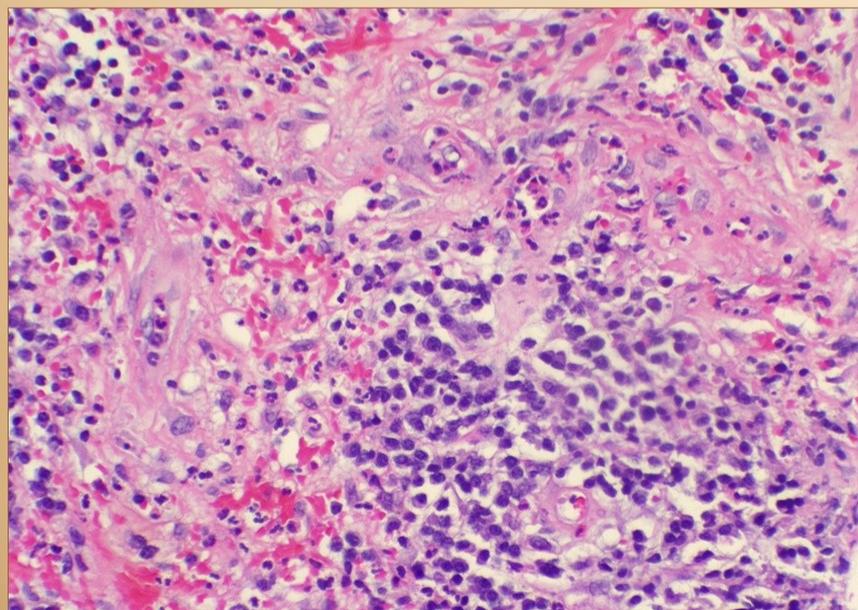
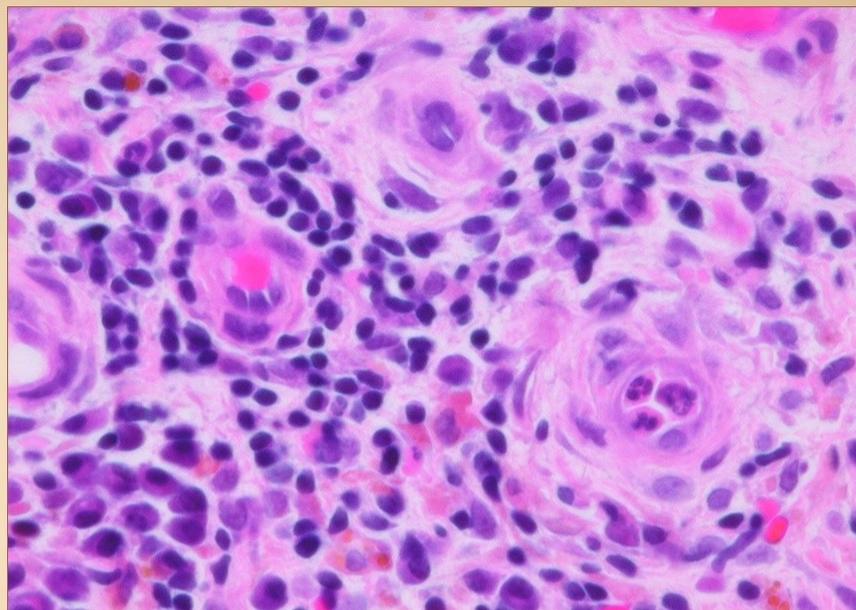
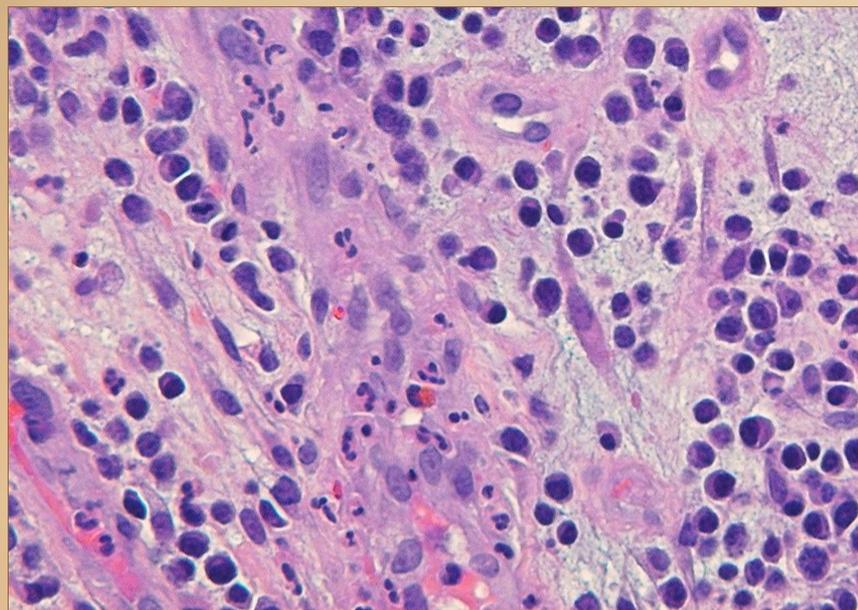
**CHRONIC INFLAMMATION = THREE DEPENDENT POPULATIONS = FAILED ORGANIZATION = NON-HEALING**



**CHRONIC INFLAMMATION = THREE DEPENDENT POPULATIONS = FAILED ORGANIZATION = NON-HEALING**



**CHRONIC INFLAMMATION = THREE DEPENDENT POPULATIONS = FAILED ORGANIZATION = NON-HEALING**



# DYSDYNAMIA -VS- DISEASE

**NOT ALL CHRONIC WOUNDS ARE  
INTRINSICALLY CHRONIC & PATHOLOGICAL**

**Here are examples where non-healing is  
due to identifiable extrinsic pathologies  
of control loop elements and operations**



**as opposed to when everything in the loop  
is nominally normal, but not cooperating or  
organizing due to population & dynamical chaos.**



**OPEN TENDON**



**PRESSURE,  
OPEN JOINT**



**CHEMOTHERAPY**



**RADIATION**



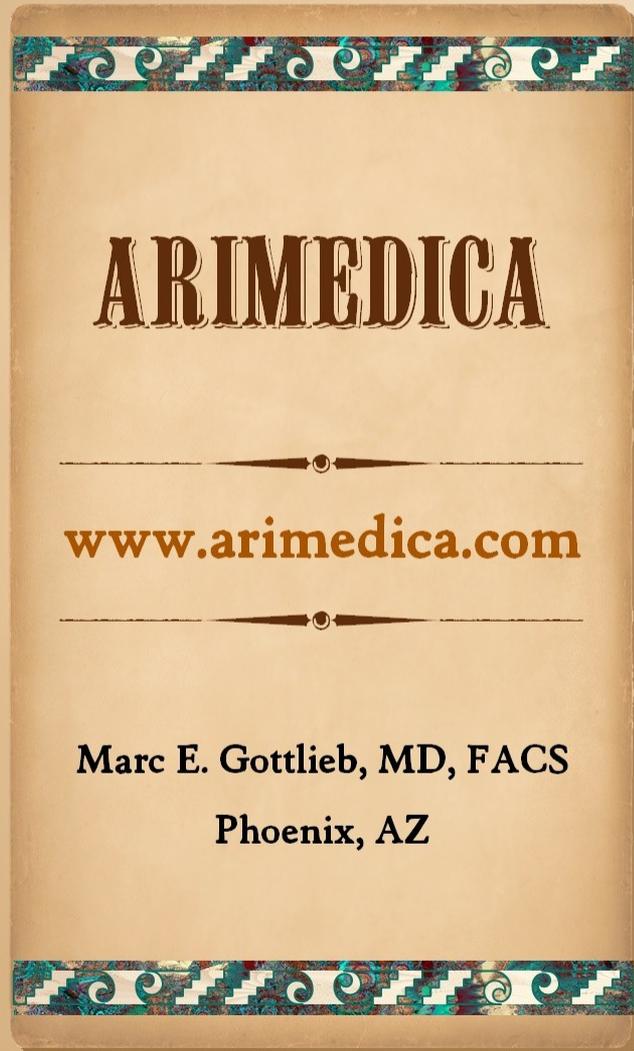
**ARTERIAL**



**IATROGENIC,  
CHEMICAL INJURY**

# THE PHYSICS AND PATHOLOGY OF WOUNDS

---



**1**

## **The Wound as a System and a Controlled Machine**

*The wound module, the wound control loop,  
wound pathology, and the basic dynamics  
of healthy and impaired wounds.*

---

**2**

## **Auto-Immunopathy and the Intrinsic Disease of Wound Healing**

*The cellular and histopathological basis of intrinsic  
wound failure & wound chronicity: chronic inflammation,  
wound autoimmunopathy, and the 3-population wound.*

---

**3**

## **Chronicity and the Physics of Wound Failure**

*The physics of wound failure and chronicity:  
N-body dynamics and chaos, population logistics,  
cellular automata and self-organization.*

---

# CHRONICITY, CHRONIC INFLAMMATION, & THE PHYSICS OF WOUND FAILURE

*All systems - physical, biological, natural, engineered - must obey basic physical laws and relationships, e.g. Thermodynamics - Conservation - Newton - Ohm - Maxwell - Physical Chemistry - Mathematics*

<b>ORGAN</b>	<b>STRUCTURE &amp; FUNCTION</b>	<b>FAILURE</b>	<b>PHYSICS</b>
HEART	<i>pump, valves, &amp; pipes</i>	<i>chf = inadequate pump</i>	<i>fluid mechanics</i>
KIDNEY	<i>filter &amp; resorption membrane</i>	<i>occluded filter</i>	<i>hydraulics &amp; ionic chemistry</i>
LUNG	<i>bellows &amp; diffusion membrane</i>	<i>faulty ventilation &amp; respiration</i>	<i>gases &amp; diffusion</i>
EYE	<i>light collector &amp; detector</i>	<i>blindness</i>	<i>optics</i>
WOUND	<i>cell set &amp; self-re-organization</i>	<i>logistical disorganization</i>	<i>populations, dynamics, automata</i>

## THE WOUND MODULE IS A SPECIAL AD HOC RESERVE ORGAN

**What are the quintessential structures and functions of the wound ?**

*It is a collection of mutually interactive self-organizing cell populations.*

It has no other function than to organize itself,  
into a generic stroma to support epithelium and other tissues.

**What is the quintessential derangement of intrinsic wound pathology and chronicity ?**

*It is a dynamical disorder of logistical self-re-organization among these populations.*

When it fails, it simply fails to organize to its intended final form,  
to complete its task to become something and then disappear.

**What are the fundamental physics relevant to the wound ?**

*Non-linear dynamics, control, chaos, population logistics, cellular automata.*

It is the science of populations, their interactions, control, and self-organization.

When it fails, it is a dynamical disorder of self-organizing populations.

# THE PHYSICS & PATHOLOGY OF WOUNDS - 3

## CHRONICITY & THE INTRINSIC DISEASE OF WOUND HEALING

---

THERE ARE FEW INBORN ERRORS OF WOUND HEALING.

WHAT THEN IS THE INTRINSIC PATHOLOGY OF THE WOUND?

It is a state of autonomy or self-perpetuation  
not contingent on the primary pathology.

IT IS A DYNAMICAL DISORDER OF A COMPLEX SYSTEM DUE TO:

*continued primary disease,  
injury, inflammation, thrombosis*

chronic inflammation - the 3rd population

population dependencies and feedbacks that sustain  
thrombosis, inflammation, & dynamical disorganization

a stable attractor & thermodynamic basin

---

Primary disease, injury, inflammation, thrombosis can have a crucial  
role in perpetuating the early wound and in inducing chronic inflammation.

To the extent that they continue, then the pathological  
non-healing state remains stronger and harder to break.

However, once the third population and dynamical dependencies and attractors  
have settled in, then primary pathology is no longer needed to sustain the problem.

The wound can then persist even when good care has resolved acute stressors.  
The inherent dynamical stability of this state resists further treatments.

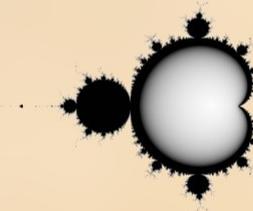
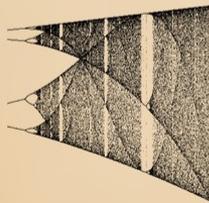
ספר חנוכה

## The Physics and Pathology of Wounds. Part 3. Chronicity and the Physics of Wound Failure.

Marc E. Gottlieb, MD, FACS      Phoenix, AZ

The wound module is a transient set of interacting cells which collectively restore in-jured tissue to normality, a fibrous stroma of angiocytes and fibroblasts. Its healthy aggregate behavior is a well behaved machine, governed by the physics of control systems. A sick system can result from various extrinsic perturbations, but the core mechanism of self-sustaining persistent dysfunction, the true intrinsic disease of wound healing is chronicity itself, the paramount cause being wound module autoimmunization. This state is disruptive but not fully toxic or lethal, thus immunopathic wounds have complex behaviors, at times better-worse-stable-variable, often looking healthy, but always frustrating as they refuse to cross the finish line. How does one explain such variable behavior and the differences between normal and chronic-and-pathological (cap) wounds?

Simply stated, intrinsic wound pathology and chronicity is a dynamical disorder of complex populations. The physics governing complex behaviors in complex systems is **non-linear dynamics** (nld). In addition to **control**, three aspects of NLD are especially important to wound pathology. (1) **Population logistics**. Healthy healing is a sequence of one-shot self-completing linear events: primary injury & thrombosis –*then*– acute inflammation –*then*– wound module. Pathology creates abnormal population dependencies (nutrition, starvation, predation, cultivation) and a new population, chronic inflammation. Non-linear perpetual complexity arises in the logistics of injury & thrombosis –*vs*– acute inflammation –*vs*– wound module –*vs*– chronic inflammation –*vs*– injury & thrombosis. (2) **Cellular automata & self-organization**. The “cellular” agents of the wound module (real biological cells in this case) have a small set of deterministic rules of interaction with each other. When allowed to function properly, stromal rebuilding is automatic and correct. Under pathological conditions, self-organization, i.e. wound healing is disrupted. (3) **Chaos & N-body dynamics**. The net effect is that the wound, a set of several interacting cell populations, has 3 attractors (basins, dynamically stable states or behaviors): convergence (healing), divergence (ulcerating), and self-sustained chaotic orbits (chronicity).



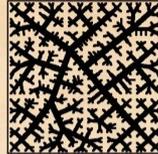
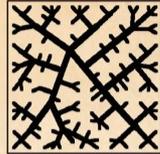
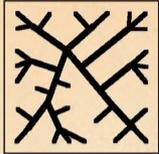
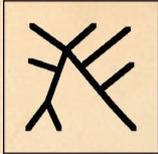
*Basic methods to demonstrate non-linear dynamics: left, the logistical map of competing populations; middle, diffusion-limited-aggregation, an example of self-organizing automata; right, attractors and chaos in the Mandelbrot set of complex-plane iteration. While seemingly abstract, these structures are directly correlated with wound events.*

## Marc E. Gottlieb, MD, FACS

*A Professional Corporation*

## PLASTIC & RECONSTRUCTIVE SURGERY

*Board Certification* ••• ••• ••• *Plastic Surgery* ••• *Hand Surgery* ••• *General Surgery*



Specializing in the treatment, reconstruction, and management of

Acute and chronic wounds • Diseases and defects of the soft tissues • Injuries, diseases, and defects of the hand and extremities • Defects of the head and trunk

---

Office: P.O. Box 86040 • Phoenix, AZ 85080

Phone 602-252-3354

Fax 602-254-7891

meg99az@cox.net

---

## Marc E. Gottlieb, MD, FACS

P.O. Box 86040  
Phoenix, AZ 85080

Phone 602-252-3354  
Fax 602-254-7891

meg99az@cox.net

### **The Physics and Pathology of Wounds. Part 3. Chronicity and the Physics of Wound Failure.**

Original presentation February 22-26, 2010, Maui, Hawaii  
at the

John A. Boswick, M.D. Burn and Wound Care Symposium

The presentation and related materials can be viewed and used at:

**arimedica.com**

Copyright © 2010, Marc E. Gottlieb, MD

Content may be used for non-commercial educational purposes.

Content may not be published or used for commercial purposes without prior license or permission.

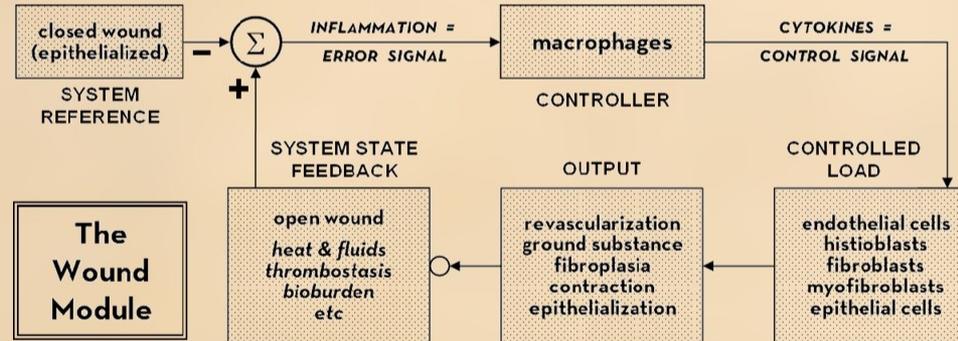
# The Physics and Pathology of Wounds. Part 1.

## The Wound as a System and a Controlled Machine.

Marc E. Gottlieb, MD, FACS      Phoenix, AZ

The wound is a transient organ of inter-operating cells, triggered into being by injury and inflammation, then extinguishing as it completes its repair of injured stroma. It is a system. Conventional bioscience tends to characterize properties and interactions of individual or one-versus-another elements within a system, but physics is required to understand the integrated timewise behavior of whole systems. **Intrinsic wound pathology** and chronicity, and wound failure and therapeutics are easily explained when wounds are seen as a **non-linear System** (rather than as a collection of dual-element linear interactions). For normal wound physiology and for the pathophysiology of altered and failing wounds, the governing principles are the physics of complex systems: non-linear N-element dynamics, control science, population logistics, and self-organizing automata.

Understanding wound physics begins by characterizing normal wound physiology. The wound is a closed-loop reference-driven non-linear multicontrol system. Sick and altered wounds have layers of added complexity, but the quintessential intrinsic machinery of wound healing – the **Wound Module** of post-inflammatory wound repair – functions as just a single control loop. When tissues are injured, the **Main Control Loop** of physiological wound repair will drive cells to reorganize back to a repaired stroma.



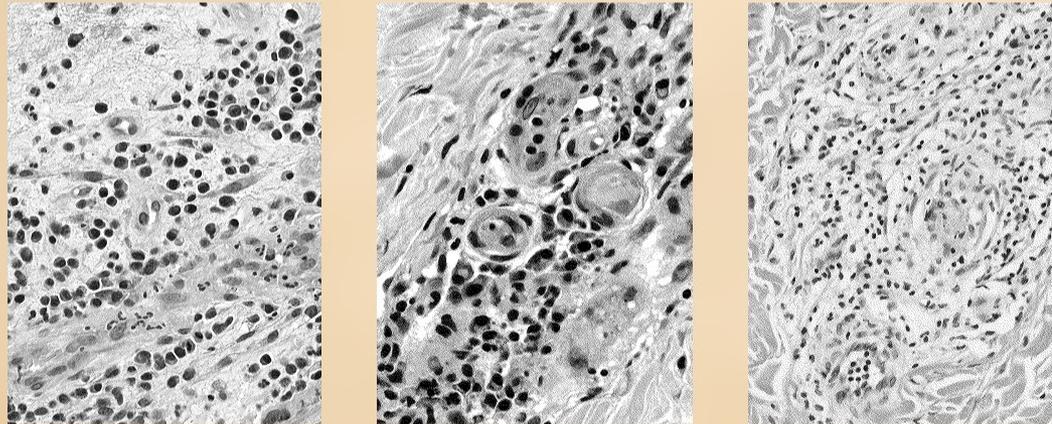
The wound control system is composed of these elements: The **system state** is the open wound and its conditions. It is compared ( $\Sigma$ ) to a **reference**, normal epithelialized tissue. Variances generate an **error signal** in the form of inflammation. This activates macrophages which are the **system controller**. They in turn generate a **control signal** in the form of cytokines. The **controlled load** is the group of local responder cells. Their **output** are the elements of histogenesis, which modify the state of the system, which then feeds back to the loop at the summing point. Any discussion or research of the collective behavior of a wound must acknowledge this basic control system.

## The Physics and Pathology of Wounds. Part 2.

### Auto-Immunopathy and the Intrinsic Disease of Wound Healing.

Marc E. Gottlieb, MD, FACS      Phoenix, AZ

Many chronic wounds result from disorders extrinsic to the healing process, e.g. pressure or arterial disease. What then are the intrinsic diseases of wound healing? Compare the wound to other organs. The quintessence of heart failure is that it is an inadequate pump, for lung failure it cannot exchange gases. But the wound is neither pump and pipes, nor bellows and diffusion membrane, nor is it like any organ with macro-anatomical structure. It is a transient collection of mutually interacting self-organizing cells. Stromal angiocytes and fibroblasts (wound cells) have remarkably few inherent metabolic or genetic faults. Dysfunction of the aggregate population is almost always the result of deprivation or predation. Adverse states can be caused by (1) non-targeted exogenous conditions such as arterial ischemia or repetitive trauma, and (2) targeted damage directed against these cells and their structures. As will be presented here, predation against the wound module is due to a state of auto-immunopathy in which lymphoid cells are sensitized to wound components. Not only does this occur with classic connective tissue disorders and other well-recognized auto-immunopathies, but it happens when a wound becomes intrinsically chronic and pathological. Hypercoagulability and other conditions of persistent thrombosis and acute inflammation are the underlying states that induce the auto-immunization. Simply put, intrinsic wound pathology and chronicity is a dynamical disorder of complex populations caused by auto-immunopathic disruption of the wound module.



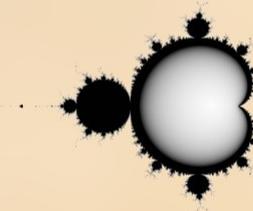
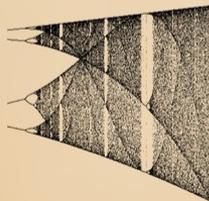
*In these chronic non-healing wound samples, the vascular locus is infiltrated with immune cells (**left**, plasma cells; **middle**, plasma cells and eosinophils; **right**, lymphocytes.) On the left, plasma cells are mixed with the migratory angiocytes (spindles) that are trying to assemble the wound. At middle and right, chronic thrombosis due to a primary hypercoagulable disorder is not only present, it is the root cause of this entire state.*

## The Physics and Pathology of Wounds. Part 3. Chronicity and the Physics of Wound Failure.

Marc E. Gottlieb, MD, FACS      Phoenix, AZ

The wound module is a transient set of interacting cells which collectively restore in-jured tissue to normality, a fibrous stroma of angiocytes and fibroblasts. Its healthy aggregate behavior is a well behaved machine, governed by the physics of control systems. A sick system can result from various extrinsic perturbations, but the core mechanism of self-sustaining persistent dysfunction, the true intrinsic disease of wound healing is chronicity itself, the paramount cause being wound module autoimmunization. This state is disruptive but not fully toxic or lethal, thus immunopathic wounds have complex behaviors, at times better-worse-stable-variable, often looking healthy, but always frustrating as they refuse to cross the finish line. How does one explain such variable behavior and the differences between normal and chronic-and-pathological (cap) wounds?

Simply stated, intrinsic wound pathology and chronicity is a dynamical disorder of complex populations. The physics governing complex behaviors in complex systems is **non-linear dynamics** (nld). In addition to **control**, three aspects of NLD are especially important to wound pathology. (1) **Population logistics**. Healthy healing is a sequence of one-shot self-completing linear events: primary injury & thrombosis –*then*– acute inflammation –*then*– wound module. Pathology creates abnormal population dependencies (nutrition, starvation, predation, cultivation) and a new population, chronic inflammation. Non-linear perpetual complexity arises in the logistics of injury & thrombosis –*vs*– acute inflammation –*vs*– wound module –*vs*– chronic inflammation –*vs*– injury & thrombosis. (2) **Cellular automata & self-organization**. The “cellular” agents of the wound module (real biological cells in this case) have a small set of deterministic rules of interaction with each other. When allowed to function properly, stromal rebuilding is automatic and correct. Under pathological conditions, self-organization, i.e. wound healing is disrupted. (3) **Chaos & N-body dynamics**. The net effect is that the wound, a set of several interacting cell populations, has 3 attractors (basins, dynamically stable states or behaviors): convergence (healing), divergence (ulcerating), and self-sustained chaotic orbits (chronicity).



*Basic methods to demonstrate non-linear dynamics: left, the logistical map of competing populations; middle, diffusion-limited-aggregation, an example of self-organizing automata; right, attractors and chaos in the Mandelbrot set of complex-plane iteration. While seemingly abstract, these structures are directly correlated with wound events.*

